

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Exploratory Family and Consumer Sciences - Chart 1: Full-Year Course							
<i>Course Rationale: To assist Missouri citizens in preparing success in family and career life, performance competencies in the Exploratory Family and Consumer Sciences course taught in Family and Consumer Sciences Education programs enable students to a) construct meaning through interpreting individual and family values, needs, wants and goals; b) communicate effectively with family members and others impacting family life and career issues; c) solve problems impacting family and career life; d) make decisions that support and strengthen family and career life; and e) develop leadership skills for family, career and community life.</i>							
A. Exploring Personal Challenges							
1. Appraise personal values and goals	4.4	MA1; SS6	1.1.3, 1.1.5, 1.1.6, 1.2.8,				
2. Identify personality characteristics	1.10, 2.3	SC3	1.2.1, 1.2.2				
3. Describe feelings and attitudes related to specific situations involving self concept	1.2, 1.4, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4, 4.6, 4.7	CA1, CA4, CA6; HP2, HP5, HP6; SS6	6.2.3, 13.2.3				
4. Describe individual talents	1.10, 2.3	CA1, CA4, CA6; FA1	1.2.1				
5. Describe types of personal relationships with others	2.3	CA1, CA4, CA6; SS6	6.2.4, 13.1.1, 13.1.4, 13.1.5, 13.6.1				
6. Appraise ways to build relationships	4.3, 4.6	SS6	6.2.4, 13.1.1, 13.6.1				
7. Describe responsibilities in friendships	4.3	HP2	6.2.4, 13.1.1, 13.6.1				
8. Describe issues related to equity in roles and responsibilities	4.3, 4.6	SS6	1.1.4, 6.2.4, 13.1.3, 13.1.4, 13.1.5, 13.4.5				
9. Appraise own communication skills	2.1, 2.3, 2.5, 2.6, 2.7	CA1, CA4, CA5, CA6, CA7	1.2.3, 1.2.2, 1.2.4, 13.3.1, 13.3.3, 13.3.4, 13.3.6				
10. Distinguish between verbal and nonverbal communication	2.2, 2.6	CA5	1.2.2, 1.2.3, 1.2.4, 13.3.2				
11. Recognize the importance of social etiquette		SS6	1.2.2, 6.2.5, 13.2.5, 13.3.5				
12. Analyze procedures for personal decision making	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1	HP2, HP5, HP6, HP7	1.1.3, 1.1.6				
13. Appraise methods for group decision making in different situations	1.7, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.3, 4.7	HP5; SS6	1.2.4, 13.3.7				
14. Identify skills for managing stress and skills	4.5, 4.6, 4.7	HP2, HP5, HP6	13.1.5, 13.1.6, 13.4.3				
15. Identify leadership qualities and skills	4.3, 4.6	CA6; SS6	1.1.6, 1.2.6, 1.3.3				
16. Demonstrate leadership qualities and skills	1.8, 1.10, 2.1, 2.3, 2.6, 4.5, 4.6, 4.7	SS6	1.1.6, 1.2.6, 1.2.8, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.7				
B. Exploring Resource Challenges							
1. Describe personal values, standards, resources, needs and wants	1.1, 1.2, 1.4, 1.8, 1.10, 3.3, 3.6, 4.1, 4.3, 4.4, 4.5, 4.7	CA1, CA4, CA6	1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.2.1, 2.1.2, 2.2.1, 2.5.1				
2. Describe ways to use, trade and share personal resources	1.1, 2.5, 2.6, 2.7, 4.6	CA1, CA4, CA6; SS6	1.3.2, 2.1.1, 2.2.3, 2.4.1				
3. Create a plan to manage personal resources	1.1, 1.2, 1.4, 1.6, 1.7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.5	CA1, CA3, CA4; MA1, MA3	1.1.6, 1.3.2, 2.1.2, 2.2.3, 2.5.4				
4. Describe family values and resources	1.2, 1.7, 1.10, 2.3, 4.1, 4.4	CA1, CA4, CA6	1.1.2, 1.1.4, 1.3.1, 1.3.5, 2.1.1, 2.1.2, 2.2.3				
5. Develop a family budget	2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.5, 4.6	CA1, CA3, CA4; MA1, MA3	2.1.1, 2.1.2, 2.5.4, 2.6.1, 2.6.2				
6. Identify sources of youth and family income	1.2, 1.8	MA1					
7. Develop an individual entrepreneurship plan	1.1, 1.7, 1.10, 2.2, 2.3, 2.6, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.8	CA1, CA3, CA4; MA1, MA3	1.1.1, 1.1.3, 1.1.4				
8. Identify future goals related to spending and saving	1.1, 1.2, 1.6, 1.8, 3.2, 3.3, 3.5, 3.8, 4.5	MA1	1.1.4, 1.1.5, 1.1.6, 2.1.2, 2.5.1				
9. Appraise ways to save money	1.1, 1.2, 1.8, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8	MA1	2.1.2, 2.5.4				
10. Analyze advantages and disadvantages to credit	1.1, 1.2, 1.7, 1.8, 3.1, 3.2, 3.3, 3.5, 3.8, 4.1	MA1	2.1.2, 2.5.1, 2.6.2				

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11. Analyze issues related to consumer practices	1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1,	CA3; MA3; SS4	1.1.1, 2.1.2, 2.2.3, 2.2.1, 2.3.3, 2.5.4, 2.6.2				
12. Compare product and service information	1.1, 1.2, 1.4, 2.7, 3.4, 3.8, 4.1, 4.2, 4.4	CA3; SS4	1.3.4, 2.1.2				
13. Identify options for obtaining goods and services	1.2, 1.7, 3.8, 4.1, 4.2, 4.3, 4.7	CA3; MA3	1.3.4, 1.3.5, 2.1.2, 2.5.3				
14. Investigate accompanying costs of products and services	1.1, 1.2, 1.3, 1.7, 1.8	MA1, MA3	1.3.5				
15. Identify services and regulations that protect consumers	1.2, 1.4, 1.7, 1.8, 2.2, 2.7, 4.7	SS4	2.2.4, 2.3.1, 2.5.3, 3.2.4, 3.2.5				
16. Describe consumer action for recourse and other responsibilities	1.7, 1.8, 2.1, 2.2, 2.3, 3.2, 3.3, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.5, 4.7	CA1, CA3, CA4, CA6; MA1, MA3; SS1	2.2.4, 2.3.2, 2.3.3, 3.2.3				
17. Recognize advantages and disadvantages of convenience products	1.1, 1.2, 1.3, 1.7, 1.8, 1.10, 2.3, 2.7, 3.3, 3.8, 4.1,	MA1; SC8; SS4	2.2.2				
18. Analyze lifestyle, needs, values and goals related to housing	1.1,1.2,1.3,1.8,2.3,3.5,3.6,3.7,3.8,4.1,4.6,4.7	MA1; SS5, SS6	1.1.3, 2.1.5, 2.6.3				
19. Analyze basic human needs met through	3.6, 4.7	HP2; SS6	1.1.3, 2.1.5				
20. Evaluate family tasks and adjustments related to moving	2.3, 3.1, 3.7, 4.1	HP2; SS6					
21. Appraise personal energy conservation techniques	3.1, 3.2, 3.3, 3.6, 3.8	SC1, SC5, SC8	2.1.5, 2.2.3, 3.4.3				
22. Appraise ways to recycle furnishings	1.2, 1.3, 1.4, 1.6, 2.3, 2.5, 3.3, 3.4, 3.8	FA2	2.1.5, 2.2.3				
23. Create room arrangements for a specific taste and lifestyle	1.2, 1.4	FA2; MA1	2.1.5				
C. Exploring Family Life Issues							
1. Appraise decision-making skills	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4	CA1	1.1.6, 1.2.1, 2.4.1				
2. Identify factors influencing family decisions	2.3, 3.1, 4.3, 4.6, 4.7	HP5; SS6	1.1.6, 2.4.1, 2.4.2, 2.6.1				
3. Analyze procedures for family decision making	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.3, 4.6, 4.7	HP5; SS6	1.1.6, 2.6.2				
4. Recognize individual differences in family members	2.3, 4.6	SS6	6.1.5, 13.1.1, 13.1.4				
5. Describe roles and responsibilities of family members over the life cycle	1.6, 1.9, 2.3, 3.6, 3.7, 4.3, 4.5, 4.6, 4.7	HP2; SS5	1.1.1, 1.1.2, 1.1.4, 6.1.1, 6.1.2, 6.1.6, 13.1.2, 13.2.4, 15.1.1				
6. Identify family strategies for balancing work and family responsibilities	1.10, 2.3, 3.1, 3.2, 3.3, 3.6, 3.7,	HP2; SS6	1.1.1, 1.1.2, 1.1.4, 1.1.5, 1.1.6, 1.3.2, 2.6.2, 6.1.5,				
7. Recognize individual differences in	1.6, 2.3	CA7; SS5, SS6	6.1.5, 13.1.3, 13.1.4, 13.2.1				
8. Appraise methods for coping with family stress and crisis	2.2, 2.3, 3.1, 3.2, 3.3, 3.4, 3.7, 3.8	HP2, HP3, HP5, HP6, HP7	2.6.1, 2.6.3, 13.1.5, 13.1.6, 13.4.3				
9. Describe roles of love and affection in family living	2.3, 4.7	HP2	6.1.5, 13.2.2				
10. Identify family support services	1.2, 1.4, 1.7, 3.6, 3.8	HP2; SS2	1.3.4, 1.3.5, 6.1.7, 13.4.6				
11. Describe choices related to lifestyle and parenting	1.1, 2.3, 3.6, 3.8	CA6; SS6	6.1.4, 6.1.6, 15.1.4				
12. Assess attitudes toward parenting	1.1, 1.7, 3.6, 3.8, 4.1	CA6; HP1, HP2, HP5	6.1.4, 15.1.2, 15.1.5				
13. Describe challenges and costs of adolescent parenthood	1.2, 1.3, 1.4, 1.7, 1.8	HP1, HP2, HP5; MA1, MA2, MA3	15.1.3				
14. Appraise personal attitudes toward children	1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 2.3	SS6	12.1.1, 12.1.2, 12.2.4, 12.3.1				
15. Describe ways to guide intellectual, emotional, social and physical growth in children	1.2, 1.4, 1.7, 2.3, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3, HP4, HP5, HP6	12.1.1, 12.1.2				

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16. Classify developmental tasks and growth patterns of children	1.8, 2.3, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3,HP4					
17. Evaluate the role of nurturance on growth and development in children	4.3, 4.6, 4.7	HP2, HP5					
18. Demonstrate management techniques for children's activities	2.2, 2.3, 3.1, 3.3, 3.6, 3.7, 3.8, 4.6, 4.7	HP2, HP3, HP4, HP5, HP6	12.1.1, 12.1.2, 12.3.1, 15.2.1				
19. Analyze role of parents and caregivers in toy selection and use	1.2, 1.3, 3.8, 4.7	HP1, HP4	15.2.1, 15.2.3				
20. Describe nutrition and hygiene needs of children	1.7, 2.3, 4.7	HP1, HP2, HP3, HP5, HP6					
21. List emergency procedures and treatment	3.6, 3.7, 3.8, 4.7	HP1, HP2, HP7					
22. Analyze safety of children's products	3.1, 3.4, 4.7	HP2, HP4, HP6					
23. Describe ways to share responsibilities of parenting among family members	4.3,4,6,4.7	HP2; SS6	2.3.1, 3.5.6				
24. Describe roles and responsibilities when caring for children	3.1, 3.3, 4.4, 4.7	HP2, HP3, HP5, HP6, HP7					
D. Exploring Health and Wellness							
1. Describe characteristics of health and wellness	1.5, 2.3, 4.7	CA3, CA5; HP2, HP4, HP5, HP6	14.1.1				
2. Describe characteristics of physical/mental/social health	1.5, 2.3, 4.7	CA3, CA5; HP1, HP2, HP5, HP6	14.1.1				
3. Recognize relationship of exercise and leisure to health	1.5, 2.3, 4.7	CA3, CA5; HP2, HP4	1.1.5, 2.1.6, 2.1.7, 14.1.1				
4. Distinguish between health fads and sound practitioners	1.5, 2.3, 3.3, 4.7	CA1, CA5; HP2, HP5	2.3.3, 2.4.2, 14.2.3				
5. Identify sources of health information for consumers	1.4, 1.5, 1.10, 2.7, 4.7	CA1, CA5; HP6	1.3.4, 2.1.6, 2.3.3, 2.4.2				
6. Identify health care providers	1.4	CA1, CA5; HP6	1.3.4, 2.1.6				
7. Identify skills for coping with stress	1.5, 3.2, 3.3, 3.6, 3.8, 4.7	CA1, CA5; HP2	13.1.6, 13.4.4, 15.2.4				
8. Differentiate between substance use and abuse	1.2, 1.5, 2.1, 2.3, 3.2, 3.3, 3.6	CA3, CA5; HP5	13.1.3				
9. Demonstrate assertive refusal skills	2.1, 2.3, 3.2, 3.3, 4.3, 4.7	CA1, CA3, CA5; HP5	13.1.5, 13.3.3, 13.4.3, 13.4.4, 13.4.5				
10. Identify reproductive anatomy and physiology	1.5, 3.5	CA3, CA5; HP1; SC3					
11. Distinguish between myth and fact related to human reproduction	1.5, 2.1, 3.1	CA3, CA5; HP1; SC3					
12. Identify physical and emotional risks associated with adolescent sexual activity	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
13. Recognize the importance of abstinence related to adolescent sexual activity	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
14. Compare communicable and noncommunicable diseases	1.5, 4.7	CA3, CA5; HP3	14.4.1, 14.4.5				
15. Suggest methods of disease control	1.5, 1.10, 2.3, 3.2, 3.8, 4.3, 4.6, 4.7	CA3, CA5; HP3	1.3.5, 2.4.3, 14.4.1, 14.4.5				
16. Recognize individual differences in growth and development	1.5, 1.6	CA3, CA5; HP1, HP2, HP4; SC3	12.2.1, 12.2.2				
17. Select and use personal hygiene products	1.5, 4.7	CA3, CA5; HP2					
18. Evaluate desirable qualities of dating partners	1.5, 2.3, 3.1, 3.2, 3.8	CA3, CA5, CA6					
19. Describe choices related to becoming a parent	1.5, 2.3, 3.1, 3.2, 3.8	CA3, CA5, CA6; HP5	1.1.2, 1.1.4, 1.1.6				
20. Describe accident/injury prevention strategies	1.5, 2.1, 3.1, 3.2, 3.6, 3.7	CA3, CA5; HP2, HP5	1.2.7, 1.3.4, 1.3.5				
E. Exploring Nutrition Choices							
1. Evaluate food preferences	2.3	HP2	14.1.2, 14.1.3, 14.1.4				
2. Identify recommended guidelines for nutrition	1.4	HP2	2.1.3, 14.2.1				
3. Determine personal caloric needs	2.7	HP2	2.1.3				
4. Select food sources of nutrients	1.2, 1.4, 1.10	HP2	2.1.3, 14.2.1, 14.3.1				
5. Evaluate meals and snacks	1.2, 1.3, 3.1, 4.4	CA2, CA3, CA4, CA5, CA6, CA7	2.1.3, 14.3.1				
6. Identify factors influencing dietary needs	1.8	CA2, CA3, CA4, CA5, CA6, CA7; HP2	2.1.3, 14.3.2				
7. Analyze methods of weight control	1.2, 1.10, 4.5,	HP4	2.1.3, 14.3.2				
8. Analyze nutrition labeling	1.2	HP2, HP6	2.3.1, 3.5.6, 14.1.5, 14.2.4				
9. Determine cost of convenience foods	2.2, 3.7, 3.8	MA1	2.1.2				
10. Analyze food advertisements	4.4	HP6	2.3.1, 2.4.2				
11. Identify basic food preparation techniques	1.8, 2.1, 2.7	SC8					
12. Use recipe information	1.6, 1.7, 1.8, 2.2, 2.3	CA4, CA5, CA6; MA1, MA2	14.3.3				
13. Demonstrate proper food preparation techniques	2.1, 2.3, 2.7	CA6	14.3.3, 14.4.1				

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14. Prepare simple foods and snacks	2.5	CA3	14.3.3				
15. Use safe food storage and preparation methods	2.5, 4.7	CA6	2.1.3, 2.4.2, 2.4.3, 14.3.3, 14.4.1				
16. Plan meals and snacks according to available resources	1.7	SS2	1.1.2, 1.1.4, 14.3.3				
17. Recognize the importance of mealtime etiquette	1.2, 1.3	SS6					
18. Apply rules of mealtime etiquette	1.2, 1.6, 1.9	CA7					
F. Exploring Clothing Decisions							
1. Determine values/needs/wants related to wardrobe	1.2, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6	1.1.1, 2.1.4, 2.4.2				
2. Identify lifestyle and preferences affecting clothing choices	1.1, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6; SS4, SS6	1.1.1, 1.1.2, 2.1.4, 2.4.2, 3.1.1				
3. Inventory clothing and accessories	1.1, 1.2, 1.3, 3.4	CA4					
4. Plan wardrobe additions, deletions and adaptations	1.1, 1.2, 1.3, 1.5, 3.4, 3.6	CA4; MA1	2.1.4				
5. Recognize factors influencing clothing purchases	1.1, 1.5, 1.6, 1.7, 3.5, 3.8	CA4, CA5; MA1	1.2.2, 1.2.8, 2.1.4, 2.4.2				
6. Compare price/quality/care of clothing	1.1, 1.5, 1.6, 1.7, 3.5, 3.8	CA4, CA6; MA1	1.14, 2.1.4, 2.4.3				
7. Determine appropriate clothing care	1.5, 1.6, 2.1	CA4, CA6	2.1.4, 12.4.3, 16.2.5				
8. Describe ways to recycle clothing	1.1, 3.8	CA4, CA6	2.1.4, 2.2.3				
9. Describe clothing storage methods	1.1, 1.5, 1.6, 1.7, 3.8	CA1, CA4, CA6	2.1.4				
10. Identify basic equipment	1.1	CA1, CA4, CA6	16.4.1				
11. Recognize clothing construction procedures	1.1, 1.5, 1.6, 1.7, 3.8	CA4, CA6	2.1.4				
12. Demonstrate clothing construction safety procedures	2.2, 4.4	CA1, CA4, CA6					
13. Demonstrate basic clothing repair skills	2.2	CA1, CA4, CA6	2.1.4				
14. Demonstrate basic clothing construction	2.2	CA4, CA6					
G. Exploring Career Awareness							
1. Describe personal qualities and training required	1.1, 1.2, 1.3, 1.4, 1.10	CA1; SC3	1.1.1, 1.1.2, 1.2.1, 3.1.1, 3.1.3, 4.1.3, 7.1.3, 8.1.3				
2. Identify careers	1.2, 1.3, 1.4, 1.7, 1.10, 4.8	CA1, CA3, CA4, CA6, CA7; FA4; HP6; SS6	1.2.1, 4.1.1, 7.1.1, 8.1.1, 9.1.1, 11.1.1				
3. Investigate working conditions and income of specific careers	1.1, 1.2, 1.8, 4.8	CA1, CA4, CA5; MA1; SS4	1.1.1, 1.1.2, 1.1.3, 1.2.5, 3.1.2, 4.1.2, 7.1.2, 8.1.2				
4. Describe advantages and disadvantages of owning a home-based business	1.2	CA1; SS4	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.2.1, 2.6.1				
5. Assess personal skills and resources to be an entrepreneur	1.1, 1.2, 1.3, 1.4, 1.10, 4.8	CA1, CA3; SS3	1.2.1, 2.6.1, 2.6.2, 3.1.2, 4.1.2, 7.1.2, 8.1.2, 9.1.2				
6. Compare advantages and disadvantages of owning a business and working for an employer	1.2, 1.8, 1.9, 3.6, 4.1	CA1, CA3; SS4	1.1.1, 1.1.4, 1.1.2, 1.1.3				
7. Identify skills for balancing work and family responsibilities	1.10, 2.3, 3.1, 3.2, 3.3, 3.6, 3.7, 3.8, 4.3, 4.5, 4.6, 4.7	HP2; SS6	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.3.2, 2.1.1, 2.6.1				
8. Describe the influence of technology on career choices	1.2, 1.3, 1.4, 1.8	HP6; SC8	1.1.1, 1.1.2, 1.2.5, 2.4.3				

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1. Appraise personal values and goals	4.4	MA1; SS6	1.1.3, 1.1.5, 1.1.6, 1.2.8, 1.3.1, 2.2.1				
2. Identify personality characteristics	1.10, 2.3	SC3	1.2.1				
3. Describe feelings and attitudes related to specific situations involving self-concept	1.2, 1.4, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4, 4.6, 4.7	CA1, CA4, CA6; HP2, HP5, HP6; SS6	6.2.3, 13.2.3				
4. Describe individual talents	1.10, 2.3	CA1, CA4, CA6; FA1	1.2.1				
5. Describe types of personal relationships with others	2.3	CA1, CA4, CA6; SS6	6.2.4, 13.1.1, 13.1.4, 13.1.5, 13.6.1				
7. Describe responsibilities in friendships	4.3	HP2	6.2.4, 13.1.1, 13.6.1				
9. Appraise own communication skills	2.1, 2.3, 2.5, 2.6, 2.7	CA1, CA4, CA5, CA6, CA7	1.2.3, 1.2.2, 1.2.4, 13.3.1, 13.3.3, 13.3.4, 13.3.6				
10. Distinguish between verbal and nonverbal communication	2.2, 2.6	CA5	1.2.3, 1.2.4, 1.2.2, 13.3.2				
12. Analyze procedures for personal decision making	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1	HP2, HP5, HP6, HP7	1.1.3, 1.1.6				
15. Identify leadership qualities and skills	4.3, 4.6	CA6; SS6	1.1.6, 1.2.6, 1.3.3				
16. Demonstrate leadership qualities and skills	1.8, 1.10, 2.1, 2.3, 2.6, 4.5, 4.6, 4.7	SS6	1.1.6, 1.2.6, 1.2.8, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.7				
B. Exploring Resource Challenges							
1. Describe personal values, standards, resources, needs and wants	1.1, 1.2, 1.4, 1.8, 1.10, 3.3, 3.6, 4.1, 4.3, 4.4, 4.5, 4.7	CA1, CA4, CA6	1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.2.1, 2.1.2, 2.2.1, 2.5.1				
2. Describe ways to use, trade and share personal resources	1.1, 2.5, 2.6, 2.7, 4.6	CA1, CA4, CA6; SS6	1.3.2, 2.1.1, 2.2.3, 2.4.1				
3. Create a plan to manage personal resources	1.1, 1.2, 1.4, 1.6, 1.7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.5	CA1, CA3, CA6; SS6	1.1.6, 1.3.2, 2.1.2, 2.2.3, 2.5.4				
4. Describe family values and resources	1.2, 1.7, 1.10, 2.3, 4.1, 4.4	CA1, CA4, CA6	1.1.3, 1.1.4, 1.3.1, 1.3.5, 2.1.1, 2.1.2, 2.2.3				
6. Identify sources of youth and family income	1.2, 1.8	MA1					
8. Identify future goals related to spending and saving	1.1, 1.2, 1.6, 1.8, 3.2, 3.3, 3.5, 3.8, 4.5	MA1	1.1.4, 1.1.5, 1.1.6, 2.1.2, 2.5.1				
9. Appraise ways to save money	1.1, 1.2, 1.8, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8	MA1	2.1.2, 2.5.4				
10. Analyze advantages and disadvantages to credit	1.1, 1.2, 1.7, 1.8, 3.1, 3.2, 3.3, 3.5, 3.8, 4.1	MA1	2.1.2, 2.5.1, 2.6.2				
11. Analyze issues related to consumer practices	1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4 ,3.5, 3.6, 3.7, 3.8, 4.1, 4.7	CA3; MA3; SS4	1.1.1, 2.1.2, 2.2.3, 2.2.1, 2.3.3, 2.5.4, 2.6.2				
13. Identify options for obtaining goods and services	1.2, 1.7, 3.8, 4.1, 4.2, 4.3, 4.7	CA3; MA3	1.3.4, 1.3.5, 2.1.2, 2.5.3				
16. Describe consumer action for recourse and other responsibilities	1.7, 1.8, 2.1, 2.2, 2.3, 3.2, 3.3, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.5, 4.7	CA1, CA3, CA4, CA6; MA1, MA3; SS1	2.2.4, 2.3.2, 2.3.3, 3.2.3				
17. Recognize advantages and disadvantages of convenience products	1.1, 1.2, 1.3, 1.7, 1.8, 1.10, 2.3, 2.7, 3.3, 3.8, 4.1, 4.7	MA1; SC8; SS4	2.2.2				
18. Analyze lifestyle, needs, values and goals related to housing	1.1, 1.2, 1.3, 1.8, 2.3, 3.5, 3.6, 3.7, 3.8, 4.1, 4.6, 4.7	MA1; SS5, SS6	1.1.13, 2.1.5, 2.6.3				
19. Analyze basic human needs met through housing	3.6, 4.7	HP2; SS6	2.1.5				
20. Evaluate family tasks and adjustments related to moving	2.3, 3.1, 3.7, 4.1	HP2; SS6					

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
21. Appraise personal energy conservation techniques	3.1, 3.2, 3.3, 3.6, 3.8	SC1, SC5, SC8	2.1.5, 2.2.3, 3.4.3				
C. Exploring Family Life Issues							
1. Appraise decision-making skills	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4	CA1	1.1.6, 1.2.1, 2.4.1				
2. Identify factors influencing family decisions	2.3, 3.1, 4.3, 4.6, 4.7	HP5; SS6	1.1.6, 2.4.2, 2.4.1, 2.6.1				
4. Recognize individual differences in family members	2.3, 4.6	SS6	6.1.5, 13.1.1, 13.1.4				
5. Describe roles and responsibilities of family members over the life cycle	1.6, 1.9, 2.3, 3.6, 3.7, 4.3, 4.5, 4.6, 4.7	HP2; SS5	1.1.1, 1.1.2, 1.1.4, 6.1.1, 6.1.2, 6.1.6, 13.1.2, 13.2.4, 15.1.1				
7. Recognize individual differences in	1.6, 2.3	CA7; SS5, SS6	6.1.5, 13.1.1, 13.1.4, 13.2.1				
8. Appraise methods for coping with family stress and crisis	2.2, 2.3, 3.1, 3.2, 3.3, 3.4, 3.7, 3.8	HP2, HP3, HP5, HP6, HP7	2.6.1, 2.6.3, 13.1.5, 13.1.6, 13.4.3				
9. Describe roles of love and affection in family living	2.3, 4.7	HP2	6.1.5, 13.2.2				
12. Assess attitudes toward parenting	1.1, 1.7, 3.6, 3.8, 4.1	CA6; HP1, HP2, HP5	6.1.4, 15.1.2, 15.1.5				
13. Describe challenges and costs of adolescent parenthooc	1.2, 1.3, 1.4, 1.7, 1.8	HP1, HP2, HP5; MA1, MA2, MA3	15.1.3				
14. Appraise personal attitudes toward children	1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 2.3	SS6					
15. Describe ways to guide intellectual, emotional, social and physical growth in children	1.2, 1.4, 1.7, 2.3, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3, HP4, HP5, HP6	12.1.1, 12.1.2, 12..2.4, 12.3.1				
16. Classify developmental tasks and growth patterns of childrer	1.8, 2.3, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3, HP4	12.1.1, 12.1.2				
17. Evaluate the role of nurturance on growth and development in children	4.3, 4.6, 4.7	HP2, HP5	12.1.1, 12.1.2, 12.3.1, 15.2.1				
20. Describe nutrition and hygiene needs of children	1.7, 2.3, 4.7	HP1, HP2, HP3, HP5, HP6					
21. List emergency procedures and treatment	3.6, 3.7, 3.8, 4.7	HP1, HP2, HP7					
22. Analyze safety of children's products	3.1, 3.4, 4.7	HP2, HP4, HP6	2.3.1, 3.5.6				
24. Describe roles and responsibilities when caring for children	3.1, 3.3, 4.4, 4.7	HP2, HP3, HP5, HP6, HP7	15.2.4, 15.2.5				
D. Exploring Health and Wellness							
1. Describe characteristics of health and wellness	1.5, 2.3, 4.7	CA3, CA5; HP1, HP2, HP5	14.1.1				
2. Describe characteristics of physical/mental/social health	1.5, 2.3, 4.7	CA3, CA5; HP1, HP2, HP5, HP6	14.1.1				
3. Recognize relationship of exercise and leisure to health	1.5, 2.3, 4.7	CA3, CA5; HP2, HP4	1.1.5, 2.1.6, 2.1.7, 14.1.1				
7. Identify skills for coping with stress	1.5, 3.2, 3.3, 3.6, 3.8, 4.7	CA1, CA5; HP2	13.1.6, 13.4.4, 15.2.4				
8. Differentiate between substance use and abuse	1.2, 1.5, 2.1, 2.3, 3.2, 3.3, 3.6	CA3, CA5; HP5	13.1.3				
9. Demonstrate assertive refusal skills	2.1, 2.3, 3.2, 3.3, 4.3, 4.7	CA1, CA3, CA5; HP5	13.1.5, 13.3.3, 13.4.3, 13.4.4, 13.4.5				
10. Identify reproductive anatomy and physiology	1.5, 3.5	CA3, CA5; HP1; SC3					
11. Distinguish between myth and fact related to human reproduction	1.5, 2.1, 3.1	CA3, CA5; HP1; SC3					
12. Identify physical and emotional risks associated with adolescent sexual activit	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
13. Recognize the importance of abstinence related to adolescent sexual activit	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
14. Compare communicable and noncommunicable disease	1.5, 4.7	CA3, CA5; HP3	14.4.1, 14.4.5				
16. Recognize individual differences in growth and developmen	1.5, 1.6	CA3, CA5; HP1, HP2, HP4; SC3	12.2.1, 12.2.2				
17. Select and use personal hygiene products	1.5, 4.7	CA3, CA5; HP2					
18. Evaluate desirable qualities of dating partners	1.5, 2.3, 3.1, 3.2, 3.8	CA3, CA5, CA6					
19. Describe choices related to becoming a parent	1.5, 2.3, 3.1, 3.2, 3.8	CA3, CA5, CA6; HP5	1.1.2, 1.1.4, 1.1.6				
E. Exploring Nutrition Choices							
1. Evaluate food preferences	2.3	HP2	14.1.2, 14.1.3, 14.1.4				
2. Identify recommended guidelines for nutrition	1.4	HP2	2.1.3, 14.2.1				
3. Determine personal caloric needs	2.7	HP2	2.1.3				
4. Select food sources of nutrients	1.2, 1.4, 1.10	HP2	2.1.3, 14.2.1, 14.3.1				

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
5. Evaluate meals and snacks	1.2, 1.3, 3.1, 4.4	CA2, CA3, CA4, CA5, CA6, CA7	2.1.3, 14.3.1				
8. Analyze nutrition labeling	1.2	HP2, HP6	2.3.1, 3.5.6, 14.1.5, 14.2.4				
11. Identify basic food preparation techniques	1.8, 2.1, 2.7	SC8					
12. Use recipe information	1.6, 1.7, 1.8, 2.2, 2.3	CA4, CA5, CA6; MA1, MA2	14.3.3				
13. Demonstrate proper food preparation techniques	2.1, 2.3, 2.7	CA6	14.3.3, 14.4.1				
14. Prepare simple foods and snacks	2.5	CA3	14.3.3				
15. Use safe food storage and preparation methods	2.5, 4.7	CA6	2.1.3, 2.4.3, 2.4.2, 14.3.3, 14.4.1				
17. Recognize the importance of mealtime etiquette	1.2, 1.3	SS6					
F. Exploring Clothing Decisions							
1. Determine values/needs/wants related to wardrobe	1.1, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6	1.1.1, 2.1.4, 2.4.2				
2. Identify lifestyle and preferences affecting clothing choices	1.1, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6; SS4, SS6	1.1.1, 1.1.2, 2.4.2, 3.1.1				
3. Inventory clothing and accessories	1.1, 1.2, 1.3, 3.4	CA4					
4. Plan wardrobe additions, deletions and adaptations	1.1, 1.2, 1.3, 1.5, 3.4, 3.6	CA4; MA1	2.1.4				
5. Recognize factors influencing clothing purchases	1.1, 1.5, 1.6, 1.7, 3.5, 3.8	CA4, CA5; MA1	1.2.2, 1.2.8, 2.1.4, 2.4.2				
7. Determine appropriate clothing care	1.5, 1.6, 2.1	CA4, CA6	2.1.4, 2.4.3, 16.2.5				
9. Describe clothing storage methods	1.1, 1.5, 1.6, 1.7, 3.8	CA1, CA4, CA6	2.1.4				
10. Identify basic equipment	1.1	CA1, CA4, CA6	16.4.1				
11. Recognize clothing construction procedures	1.1, 1.5, 1.6, 1.7, 3.8	CA4, CA6	2.1.4				
12. Demonstrate clothing construction safety procedures	2.2, 4.4	CA1, CA4, CA6					
13. Demonstrate basic clothing repair skills	2.2	CA1, CA4, CA6	2.1.4				
G. Exploring Career Awareness							
1. Describe personal qualities and training required	1.1, 1.2, 1.3, 1.4, 1.10	CA1; SC3	1.1.1, 1.1.2, 1.2.1, 3.1.1, 3.1.3, 4.1.3, 7.1.3, 8.1.3,				
2. Identify careers	1.2, 1.3, 1.4, 1.7, 1.10, 4.8	CA1, CA3, CA4, CA6, CA7; FA4; HP6; SS6	1.2.1, 4.1.1, 7.1.1, 8.1.1, 9.1.1, 11.1.1				
7. Identify skills for balancing work and family responsibilities	1.10, 2.3, 3.1, 3.2, 3.3, 3.6, 3.7, 3.8, 4.3, 4.5, 4.6, 4.7	HP2; AA6	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.3.2, 2.1.1, 2.6.1				
8. Describe the influence of technology on career choices	1.2, 1.3, 1.4, 1.8		1.1.1, 1.1.2, 1.2.5, 2.4.3				

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Exploratory Family and Consumer Sciences - Chart 3: 5-9 Week Course							
A. Exploring Personal Challenges							
1. Appraise personal values and goals	4.4	MA1; SS6	1.1.3, 1.1.5, 1.1.6, 1.2.8, 1.3.1, 2.2.1				
2. Identify personality characteristics	1.10, 2.3	SC3	1.2.1				
4. Describe individual talents	1.10, 2.3	CA1, CA4, CA6; FA1	1.2.1				
9. Appraise own communication skills	2.1, 2.3, 2.5, 2.6, 2.7	CA1, CA4, CA5, CA6, CA7	1.2.3, 1.2.2, 1.2.4, 13.3.1, 13.3.3, 13.3.4, 13.3.6				
12. Analyze procedures for personal decision making	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1	HP2, HP5, HP6, HP7	1.1.3, 1.1.6				
15. Identify leadership qualities and skills	4.3, 4.6	CA6; SS6	1.1.6, 1.2.6, 1.3.3				
B. Exploring Resource Challenges							
1. Describe personal values, standards, resources, needs and wants	1.1, 1.2, 1.4, 1.8, 1.10, 3.3, 3.6, 4.1, 4.3, 4.4, 4.5, 4.7	CA1, CA4, CA6	1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.2.1, 2.1.2, 2.2.1, 2.5.1				
2. Describe ways to use, trade and share personal resources	1.1, 2.5, 2.6, 2.7, 4.6	CA1, CA4, CA6; SS6	1.3.2, 2.1.1, 2.2.3, 2.4.1				
3. Create a plan to manage personal resources	1.1, 1.2, 1.4, 1.6, 1.7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.5	CA1, CA3, CA4; MA1, MA3	1.1.6, 1.3.2, 2.1.2, 2.2.3, 2.5.4				
8. Identify future goals related to spending and saving	1.1, 1.2, 1.6, 1.8, 3.2, 3.3, 3.5, 3.8, 4.5	MA1	1.1.4, 1.1.5, 1.1.6, 2.1.2, 2.5.1				
9. Appraise ways to save money	1.1, 1.2, 1.8, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8	MA1	2.1.2, 2.5.4				
11. Analyze issues related to consumer practices	1.1, 1.2, 1.3, 1.4, 1.6, .7, 1.8, 1.10, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.7	CA3; MA3; SS4	1.1.1, 2.1.2, 2.2.3, 2.2.1, 2.3.3, 2.5.4, 2.6.2				
18. Analyze lifestyle, needs, values and goals related to housing	1.1, 1.2, 1.3, 1.8, 2.3, 3.5, 3.6, 3.7, 3.8, 4.1, 4.6, 4.7	MA1; SS5, SS6	1.1.3, 2.1.5, 2.6.3				
19. Analyze basic human needs met through housing	3.6, 4.7	HP2; SS6	2.1.5				
20. Evaluate family tasks and adjustments related to moving	2.3, 3.1, 3.7, 4.1	HP2; SS6					
21. Appraise personal energy conservation techniques	3.14, 3.2, 3.3, 3.6, 3.8	SC1, SC5, SC8	2.1.5, 2.2.3, 3.4.3				
C. Exploring Family Life Issues							
1. Appraise decision-making skills	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4	CA1	1.1.6				
4. Recognize individual differences in family members	2.3, 4.6	SS6	6.1.5, 13.1.1, 13.1.4				
9. Describe roles of love and affection in family living	2.3, 4.7	HP2	6.1.5, 13.2.2				
13. Describe challenges and costs of adolescent parenthooc	1.2, 1.3, 1.4, 1.7, 1.8	HP1, HP2, HP5; MA1, MA2, MA3	15.1.3				
15. Describe ways to guide intellectual, emotional, social and physical growth in children	1.2, 1.4, 1.7, 2.3, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3, HP4, HP5, HP6	12.1.1, 12.1.2, 12.2.4, 12.3.1				
16. Classify developmental tasks and growth patterns of childrer	1.8, 2.3, 3.6, 3.7, 3.8, 4.7	HP1, HP2, HP3, HP4	12.1.1, 12.1.2				
17. Evaluate the role of nurturance on growth and development in children	4.3, 4.6, 4.7	HP2, HP5	12.1.1, 12.1.2, 12.3.1, 15.2.1				
20. Describe nutrition and hygiene needs of children	1.7, 2.3, 4.7	HP1, HP2, HP3, HP5, HP6					
21. List emergency procedures and treatment	3.6, 3.7, 3.8, 4.7	HP1, HP2, HP7					
22. Analyze safety of children's products	3.1, 3.4, 4.7	HP2, HP4, HP6	2.3.1, 3.5.6				
D. Exploring Health and Wellness							
1. Describe characteristics of health and wellness	1.5, 2.3, 4.7	CA3, CA5; HP2, HP4, HP5, HP6	14.1.1				
2. Describe characteristics of physical/mental/social health	1.5, 2.3, 4.7	CA3, CA5; HP1, HP2, HP5	14.1.1				
7. Identify skills for coping with stress	1.5, 3.2, 3.3, 3.6, 3.8, 4.7	CA1, CA5; HP2	13.1.6, 13.4.4, 15.2.4				

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
8. Differentiate between substance use and abuse	1.2, 1.5, 2.1, 2.3, 3.2, 3.3, 3.6	CA3, CA5; HP5	13.1.3				
9. Demonstrate assertive refusal skills	2.1, 2.3, 3.2, 3.3, 4.3, 4.7	CA1, CA3, CA5; HP5	13.1.5, 13.3.3, 13.4.3, 13.4.4, 13.4.5				
12. Identify physical and emotional risks associated with adolescent sexual activity	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
13. Recognize the importance of abstinence related to adolescent sexual activity	1.5, 2.3, 3.1, 3.2, 3.3, 3.6, 3.8, 4.3	CA3, CA5; HP2, HP5					
16. Recognize individual differences in growth and development	1.5, 1.6	CA3, CA5; HP1, HP2, HP4; SC3	12.2.1, 12.2.2				
17. Select and use personal hygiene products	1.5, 4.7	CA3, CA5; HP2					
19. Describe choices related to becoming a parent	1.5, 2.3, 3.1, 3.2, 3.8	CA3, CA5, CA6; HP5	1.1.2, 1.1.4, 1.1.6				
E. Exploring Nutrition Choices							
1. Evaluate food preferences	2.3	HP2	14.1.2, 14.1.3, 14.1.4				
2. Identify recommended guidelines for nutrition	1.4	HP2	2.1.3, 14.2.1				
5. Evaluate meals and snacks	1.2, 1.3, 3.1, 4.4	CA2, CA3, CA4, CA5, CA6, CA7	2.1.3, 14.3.1				
11. Identify basic food preparation techniques	1.8, 2.1, 2.7	SC8					
12. Use recipe information	1.6, 1.7, 1.8, 2.2, 2.3	CA4, CA5, CA6; MA1, MA2	14.3.3				
13. Demonstrate proper food preparation techniques	2.1, 2.3, 2.7	CA6	14.3.3, 14.4.1				
14. Prepare simple foods and snacks	2.4	CA3	14.3.3				
15. Use safe food storage and preparation methods	2.5, 4.7	CA6	2.1.3, 2.4.3, 2.4.2, 14.3.3, 14.4.1				
17. Recognize the importance of mealtime etiquette	1.2, 1.3	SS6					
F. Exploring Clothing Decisions							
1. Determine values/needs/wants related to wardrobe	1.1, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6	1.1.1, 2.1.4, 2.4.2				
2. Identify lifestyle and preferences affecting clothing choices	1.1, 1.2, 1.6, 2.1, 2.2	CA1, CA5, CA6; SS4, SS6	1.1.1, 1.1.2, 2.1.4, 2.4.2, 3.1.1				
5. Recognize factors influencing clothing purchases	1.1, 1.5, 1.6, 1.7, 3.5, 3.8	CA4, CA5; MA1	1.2.2, 1.2.8, 2.1.4, 2.4.2				
7. Determine appropriate clothing care	1.5, 1.6, 2.1	CA4, CA6	2.1.4, 2.4.3, 16.2.5				
10. Identify basic equipment	1.1	CA1, CA4, CA6	16.4.1				
12. Demonstrate clothing construction safety procedures	2.2, 4.4	CA1, CA4, CA6					
13. Demonstrate basic clothing repair skills	2.2	CA1, CA4, CA6	2.1.4				
G. Exploring Career Awareness							
2. Identify careers	1.2, 1.3, 1.4, 1.7, 1.10, 4.8	CA1, CA3, CA4, CA6, CA7; FA4; HP6; SS6	1.2.1, 4.1.1, 7.1.1, 8.1.1, 9.1.1, 11.1.1				
8. Describe the influence of technology on career choices	1.2, 1.3, 1.4, 1.8	HP6; SC8	1.1.1, 1.1.2, 1.2.5, 2.4.3				

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Career and Family Leadership							
Course Rationale: To assist Missouri citizens in preparing for success in family, career and community life, performance competencies in the Career and Family Leadership course taught in Family and Consumer Sciences Education programs enable students to: a) promote personal growth and leadership development; b) explore work, jobs, and careers related to family and consumer sciences and human services; c) solve problems impacting the work of the family; and d) make decisions that support and strengthen the integration of multiple roles/responsibilities of individuals, family, career and community.							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Explain the significance of family and consumer sciences	1.6, 1.7, 1.9, 1.10, 2.1, 2.3, 2.4, 2.7, 3.5, 4.1	CA1, CA3, CA4, CA6, SS6	1.1	D3, D12	2, 3, 5	A3, G1	
2. Explore FCCLA benefits, opportunities and purposes	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 3.8	CA3, CA5, CA6, SS7	1.1, 1.2.6, 13.5	D1, D4, D15,	3, 5	A1, A2, B1, G1	
B. Establishing a Positive Self-Concept							
1. Analyze personal characteristics	1.4, 1.6, 1.8, 1.9, 2.2, 2.7, 4.8		12.1.2, 12.2.1, 12.2.3, 12.2.4, 13.2.1, 13.2.3	I1, I2, I4	1, 2, 3	A1, F1, F2, F3, F4, F5, G1, G2	
2. Demonstrate positive character traits	1.6, 4.3, 4.4, 4.8		13.2.1, 13.3.1, 13.4.1	I1, I2, I4	2	A1, F1, F2, F3, F4, F5, G1, G2	
3. Investigate areas for personal growth	1.1, 1.2, 1.3, 1.6, 3.3, 4.3, 4.4, 4.8	HP2	12.2.2, 13.2.3	I1, I2, I3, I4	1, 2, 3, 4, 5	A1, F1, F2, F3, F4, F5, G1, G2	
4. Differentiate between needs and wants	1.6, 1.8, 1.9, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.8	HP2	2.1.2, 2.5.1, 3.3.2	A1	1, 3	A1	
5. Evaluate personal goals	1.6, 1.8, 1.9, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.8		1.1.5, 2.6.1	I1, I2, I4, I5, I6	2, 3	A1	
6. Practice decision making	1.2, 1.6, 1.7, 1.8, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.8		13.4.3, 13.5.7, 13.6.2, 13.6.3	E4, E5	1, 3, 4	A3, A4	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
7. Apply leadership skills	1.4, 1.6, 1.8, 2.1, 2.7, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.8		1.2.4	B2, B4, B6, B8, B10, B14, B15, B17, C2, D10, D11, D12, D13, D16, E3, F4, F5, G2	2, 3, 4	A3, F1, F2, F3, F4, G1, G2	
8. Utilize FCCLA programs to promote personal growth and leadership development	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6	1.2.4, 13.2.5, 13.4.1, 13.4.3, 13.5.1	B2, B4, B6, B8, B10, B14, B15, B17, C2, D10, D11, D12, D13, D16, E3, E4, E5, G2, I1, I2, I3, I4	1, 2, 3, 4, 5	A1, A3, F1, F2, F3, F4, F5, G1, G2	
C. Practicing Positive Interpersonal Skills							
1. Analyze qualities of positive relationships	1.2, 1.3, 1.6, 2.1, 4.8	HP2	13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.2.1, 13.2.5, 13.3.1, 13.3.4, 13.3.6, 13.3.7, 13.6.1	A1, A3, B5, B6, B9, B10, B15, B17, D4, D10, D11, D12, D13, E4, F8, G1, G6, H6, I1, I4	2, 3	F1, F2, F3, G1, G2	
2. Practice effective communication techniques	1.4, 1.6, 2.1, 2.2, 2.3, 2.4, 2.5, 4.8	CA1, CA4, CA5, CA6, CA7, HP2	1.2.3, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 13.4.3, 13.4.4, 13.4.5, 13.5.2, 13.6.3, 15.2.2	B2, B3, B5, B9, B10, B15, D3, D4, D5, D10, D11, D12, F8, H6, I3, I4	2, 3	F3, G1, G2	
3. Develop team-building skills	1.3, 1.6, 2.1, 4.8	HP2	1.2.4, 13.3.3, 13.3.4, 13.3.5, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7	A1, A3, B6, B10, D4, D5, D6, D10, D11, D12, E4, F5, F7, F8, G1, I2, I4	1, 2, 3	F1, F2, F3, G1, G2	
4. Demonstrate responsibility	1.10, 4.2, 4.3, 4.4, 4.5, 4.6, 4.8		1.1, 1.2.8, 13.5	I1, I2, I3, I4, I5, I6	2	F1, F2, F3, F4, F5, F6	3.0.6

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
5. Utilize problem-solving skills	1.5, 1.6, 1.8, 3.1, 3.8, 4.8		13.4.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7, 13.6.2, 13.6.3	A1, A3, B2, B4, B6, B9, B10, B14, B17, D4, D5, D6, D10, D13, E4, E5, F8, I4	1, 2, 3	A3, B1	
6. Utilize FCCLA programs to develop positive interpersonal communication	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6	13.1.1, 13.1.2, 13.1.3, 13.1.4, 13.1.5, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 13.5.4, 13.5.5, 13.5.6, 13.5.7	B10, D3, D4, D5, D6, D10, D12, E4, E5, F8, H6, I4	2, 3	F3, G1, G2	
D. Analyzing the Work of the Family							
1. Investigate the work of the family	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 1.8, 1.9, 2.7, 4.2	CA7	6.1.1, 6.1.2, 6.1.4, 6.1.5, 12.3.1, 12.3.2, 12.3.3, 13.1.1, 13.5.1, 15.1.1, 15.1.2, 15.1.3, 15.2.1, 15.2.2, 15.2.3	B14, B16, D4, D5, D6, D9, D10, D11, E4, E5, F7, F8, G2, G6, H5, H6, I1, I2, I4, I5, I6	1, 2, 3, 4, 5	G1, G2	
2. Analyze the impact of family systems	1.2, 1.3, 1.6, 1.7, 1.9, 4.2	CA7, SS5	6.1.1, 6.1.2, 6.1.4, 6.1.5, 12.3.1, 12.3.2, 12.3.3	A1, A3, B2, B4, B10, D4, D5, D6, D9, D10, D11, E4, E5, E6, F8, H6, I4	2, 3	G2	
3. Analyze the changing roles of family members	1.2, 1.3, 1.6, 1.7, 1.8, 1.9, 4.2	CA7, SS2, SS5	6.1.4, 6.1.5, 6.1.6, 13.1.2, 13.2.4, 15.1.4	A1, B6, A3, D11, E4, F8, G6, H6	1, 2, 3	G1, G2	
4. Examine the significance of the family	1.2, 1.3, 1.5, 1.6, 1.9, 4.2, CA7		6.1.1, 6.1.4, 6.1.5, 6.1.6	D4, D5, D6, D8, D9, D10, D11, D13, D14, D15, E4, E5, E6, F8, H5, H6, I6	1, 2, 3, 4, 5	G1, G2	

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MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
1. Identify recurring community concerns impacting families	1.1, 1.2, 1.3, 1.6, 1.7, 1.9, 4.2	SS2, SS6, CA7	1.3.2, 2.2.3	B10, G1, G4, G6, H4, H5, H6	1, 2, 3		
2. Identify societal goals	1.2, 1.3, 1.6, 1.8, 1.9, 4.2, CA7		2.1.6, 2.2.1, 13.6.4	A1, F8, H6	2	G1, G2	
3. Examine the impact of public policy on families	1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 1.8, 1.9, 2.7, 4.2	CA7, HP6, SS2, SS3, SS6	1.3.5, 2.2.1, 2.2.4, 2.3.1, 2.3.2, 2.3.3, 2.5.3, 13.4.6, 15.3.3	F8, G6, H1, H5	2	F6	
4. Investigate resources supporting families	1.1, 1.2, 1.4, 1.5, 1.6, 1.8, 1.9, 2.7, 4.2	CA7, HP2, HP6	1.3.4, 2.3.3, 13.4.6, 15.3.1, 15.3.2	B11, H5	1, 3	B1	
5. Develop a plan for community involvement	1.2, 1.3, 1.5, 1.6, 1.8, 1.9, 4.2	CA5, CA7, FA1	1.3.1, 1.3.2, 1.3.3, 1.3.4, 13.5.4, 13.5.5	D8, D10, D11, D12, E4, E5, F6, F8, G1	1, 3	A3, G1, G2	
6. Utilize FCCLA programs to explore leadership related to community	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6	1.2.4, 13.5.4, 13.5.5, 13.5.7, 15.3.1, 15.3.2	B2, B4, B6, B8, B10, B14, B15, B17, C2, D10, D11, D12, D13, D16, E3, E4, E5, G2	2	F1, F2, F3, F4, G1, G2	
G. Integrating Multiple Roles and Responsibilities of Individuals, Family, Career, and Community							
1. Analyze the significance of integrating multiple roles	1.2, 1.3, 1.6, 1.7, 1.8, 1.9, 4.2, 4.8	CA7	1.3.1, 1.3.2, 1.3.3, 1.3.4, 1.3.5, 6.1.1, 6.1.2, 6.2.1, 6.2.3	D10, D13, D14, E4, E5, E6, H6, I1	1, 2	G1, G2	
2. Examine the impact of social, economic and technological change on work and family	1.1, 1.2, 1.3, 1.4, 1.6, 1.7, 1.8, 1.9, 2.6, 2.7, 4.2, 4.8	CA7, SC4, SC8, SS4	1.2.5, 2.4.1, 2.4.2, 2.4.3, 12.2.2, 13.3.6	A3, A4, B6, B10, D15, E4, E5, E6, F8, G6, H1, I6	1, 2, 3, 4, 5		
3. Examine the need to address diversity in society	1.1, 1.2, 1.3, 1.6, 1.7, 1.8, 1.9, 4.2, 4.8	CA7, FA4, FA5, SS2, SS5, SS6	6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 13.4.2, 15.1.5	F8, G6	2	F6	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
4. Utilize FCCLA programs to prepare for multiple roles	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6	1.3.1, 1.3.2, 1.3.3, 1.3.4, 1.3.5, 6.1.5, 6.1.6, 13.1.2, 13.2.4	D10, D13, D14, E4, E5, E6, H6, I1	1,2	F1, F2, F3	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Family Living and Parenthood							
Course Rationale: To assist Missouri citizens in creating stable families, performance competencies in the Family Living and Parenthood course taught in Family and Consumer Sciences Education programs enable students to a) construct meaning by interpreting the nature, function and significance of human relationships; b) communicate effectively with family members and agencies that provide family related products and services; c) solve problems based upon the developmental needs of individuals; and d) make decisions that strengthen and maintain family relationships, prepare individuals for marriage and parenthood and reduce disruptive conditions that destabilize families.							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address family living and parenthood issues	1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.8, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6; HP2, HP5, HP6, HP7; MA3; SC8; SS4, SS6, SS7	1.1.5, 1.1.6,1.2.3, 1.2.6, 2.2.1, 2.2.2, 6.1.3, 6.1.6, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.1.4, 7.3.1, 7.4.1, 7.5.6, 12.3.3, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7, 15.2.2	B13	3		0.0.4
2. Utilize leadership qualities and skills for problem solving	1.1, 1.2, 1.3, 1.5, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.4, 4.5, 4.6, 4.8	CA1, CA3, CA6; SC8; SS6	1.2.2, 1.2.6, 2.1.1, 2.2.1, 2.2.2, 6.1.3, 6.1.6, 6.2.1, 6.2.2, 6.2.4, 6.2.5, 7.2.5, 7.5.1, 13.1.1, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7, 15.1.3	D5	2, 3		0.0.2, 0.0.4
B. Developing a Positive Self-Concept							
1. Evaluate personal needs, wants, values and short- and long-term goals	1.2, 4.5		1.1.5, 1.1.6, 1.2.1, 2.1.2, 2.5.1, 6.1.5, 6.2.1, 6.2.2, 12.3.1, 13.1.1, 13.1.3, 13.1.4, 13.2.1, 13.2.2, 13.2.3, 13.2.5, 15.1.2, 15.1.3, 15.1.4		3		1.0.1, 1.0.4, 3.0.1
2. Examine factors influencing personality development	1.2, 1.9	SC3	1.1.1, 1.2.1, 6.1.2, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 12.2.1, 12.2.2, 12.2.3, 12.2.4, 12.3.2, 12.3.3, 13.1.1, 13.1.3, 13.1.4, 13.2.1, 13.6.2, 15.1.2, 15.1.3, 15.1.4, 15.2.1		3		1.0.1, 1.0.2
3. Analyze the effects of values on personal thoughts, attitudes, actions and life roles	1.2, 1.3, 1.6	SS6	1.2.1, 6.1.4, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.5.1, 7.5.4, 12.2.2, 12.2.4, 12.3.1, 13.1.1, 13.1.2, 13.1.3, 13.1.4, 13.2.1, 13.2.2, 13.2.3, 13.2.5, 13.4.1, 13.6.2, 15.1.1, 15.1.2, 15.1.3, 15.1.4		3		
4. Determine methods for setting priorities	1.1, 1.2, 1.5, 1.8, 2.3, 2.6, 2.7, 3.1, 4.4, 4.5	CA6	2.1.1, 6.1.6, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 7.5.3, 13.1.4, 13.5.5, 13.6.2, 15.1.1, 15.1.2, 15.1.3, 15.1.4		3		0.0.2
5. Identify strategies for promoting responsible behaviors	1.7, 4.2, 4.3, 4.4, 4.7	HP2	1.1.1, 1.2.4, 1.3.1, 6.1.4, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 12.1.1, 12.1.2, 12.3.1, 13.1.3, 13.1.4, 13.1.5, 13.4.1, 13.6.2, 13.6.4, 15.1.2, 15.1.3, 15.1.4, 15.2.1, 15.2.4		3		0.0.1, 5.0.3, 6.0.6
6. Evaluate personal problem-solving and decision-making skills	1.2, 3.1, 3.3, 3.4, 3.6, 4.1, 4.5		1.2.1, 1.2.4, 6.1.5, 6.2.1, 6.2.3, 6.2.4, 7.5.3, 13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.4.3, 13.5.7, 13.6.2, 15.1.2, 15.1.3		3	A1	0.0.2, 1.0.7, 5.0.2, 5.0.4
C. Demonstrating Effective Communication Skills Among Family, Peers and Others							
1. Create communications using a variety of methods, forms and technologies	2.1, 2.2, 2.7, 3.3, 3.6, 4.5	CA1, CA4, CA6; FA1	1.2.3, 6.1.1, 6.1.2, 6.1.5, 6.2.1, 6.2.2, 6.2.4, 7.3.1, 7.5.7, 12.3.1, 13.1.4, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 15.1.4, 15.2.2	D3, D4	2, 5	G1	1.0.5, 5.0.5
2. Evaluate interpersonal communication techniques	1.5, 2.3	CA5	1.2.2, 1.2.3, 1.2.4, 6.1.2, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.3.2, 12.1.2, 12.3.1, 12.3.2, 13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 15.1.3, 15.2.2		2	G1	3.0.3

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
3. Identify and evaluate the effects of cultural influences on communication	1.2, 1.3, 1.4, 1.6, 1.9, 2.3	CA7	1.2.3, 1.2.4, 6.1.3, 6.1.4, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.3.4, 12.2.3, 13.1.3, 13.1.4, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 13.5.1, 15.1.3, 15.1.4, 15.1.5	B10	2, 3		1.0.5
D. Explaining the Progression of Relationships and Families							
1. Evaluate personal and environmental factors influencing relationship choice, development and termination	1.2, 1.6, 4.1	SS6	1.1.1, 1.1.2, 1.1.5, 1.1.6, 6.1.2, 6.1.3, 6.1.5, 6.1.6, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 12.1.2, 12.2.1, 12.2.2, 12.2.3, 12.2.4, 12.3.1, 13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.2.1, 13.2.2, 13.5.3, 15.1.2, 15.1.3, 15.1.4,		3		1.0.6, 3.0.3, 5.0.3
2. Develop responsible behaviors related to sexuality	1.1, 1.2, 1.6, 1.7, 1.9, 4.3, 4.7	HP2, HP3, HP5, HP6	6.1.4, 6.1.5, 6.1.6, 6.2.2, 6.2.3, 6.2.4, 12.3.1, 13.1.3, 13.1.4, 13.1.5, 13.3.1, 13.3.3, 13.3.4, 13.3.5, 13.4.1, 13.6.2, 13.6.3, 13.6.4, 15.1.2, 15.1.3,		3		1.0.8, 3.0.3, 5.0.3
3. Analyze trends in family structure	1.1, 1.2, 1.6, 1.8	SS6	6.1.1, 6.1.4, 6.1.5, 6.1.6, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 13.1.2, 13.2.4, 13.6.5, 15.1.1, 15.1.3, 15.1.4		3		1.0.5, 5.0.8
E. Exploring Family Life Issues within a Diverse Society							
1. Analyze interrelationships of personal and family goals and values to work goals and values	1.2, 1.6, 1.8	SS6	1.1.1, 1.1.2, 1.1.3, 1.2.1, 1.2.4, 1.3.2, 2.5.1, 6.1.2, 6.1.3, 6.1.5, 6.1.6, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 13.1.1, 13.1.2, 13.1.3, 13.1.4, 13.2.1, 13.2.2, 13.3.1, 13.3.2, 13.3.4, 13.3.5, 13.5.1, 15.1.2, 15.1.4,	E5	3		3.0.6
2. Analyze how social, economic and technological changes impact work and family dynamics	1.2, 1.6, 1.8	SS2	1.1.1, 1.1.2, 1.2.1, 1.2.5, 6.1.6, 6.1.7, 6.2.1, 6.2.3, 6.2.4, 7.2.1, 7.3.5, 7.5.2, 12.2.3, 13.1.2, 13.1.3, 13.1.4, 13.3.4, 13.3.5, 13.3.6, 15.1.1, 15.1.2, 15.1.3, 15.1.4, 15.2.4,	D14, D15	3, 4, 5		5.0.7
3. Devise strategies for coordinating work and family responsibilities	1.2, 1.8, 1.10, 3.2, 3.3, 4.6	SS6	1.1.2, 1.1.4, 1.1.3, 1.2.1, 1.2.2, 6.1.2, 6.1.3, 6.2.3, 6.2.4, 7.3.2, 7.5.3, 13.1.2, 13.1.4, 13.3.4, 13.3.7, 15.1.2,	D6	3		0.0.1
4. Generate guidelines for reducing and resolving family conflict	1.2, 1.8, 1.10, 3.2, 3.3	HP2	1.2.4, 6.1.4, 6.1.5, 6.2.4, 6.2.1, 6.2.2, 7.4.5, 7.4.6, 13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.7, 13.4.1, 13.4.2, 13.6.2, 15.1.2, 15.1.3, 15.2.4		2, 3		5.0.6
5. Demonstrate skills needed to be a contributing family and community member	4.3, 4.7		1.1.1, 1.1.5, 1.1.6, 1.2.1, 1.2.2, 1.3.1, 1.3.2, 1.3.3, 2.2.2, 2.2.3, 6.1.3, 6.1.5, 6.2.4, 6.2.1, 6.2.2, 6.2.3, 6.2.5, 7.2.6, 7.2.7, 7.5.4, 7.5.5, 13.1.3, 13.1.4, 13.3.4, 13.3.5, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7,	E5	2, 3		3.0.4, 5.0.2
6. Explain the implications of cultural diversity when dealing with family and community issues	1.6, 1.8, 1.9	SS6	1.3.1, 6.1.2, 6.1.3, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.3.4, 7.5.6, 12.2.1, 12.2.3, 13.1.2, 13.1.3, 13.1.4, 13.1.6, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.4.1, 13.4.2, 13.6.5, 15.1.1, 15.1.3, 15.1.4, 15.1.5, 15.2.6	B10, F8	3, 4		6.0.8
7. Analyze factors leading to stress and resiliency in families	1.2, 1.6, 3.1, 3.8	HP2, HP3; SC3, SS6	6.1.2, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 7.4.1, 7.4.3, 7.4.5, 7.5.4, 7.5.3, 13.1.2, 13.1.3, 13.1.4, 13.1.5, 13.1.6, 13.3.4, 13.3.5, 13.4.2, 13.5.1, 15.1.2, 15.1.3, 15.1.4		3		1.0.3, 5.0.6

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
8. Develop strategies to manage common sources of stress for individuals and families	1.2, 1.8, 1.10, 3.2, 3.3	HP2	1.1.1, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 7.4.1, 7.5.3, 7.5.5, 7.5.6, 13.1.2, 13.1.3, 13.1.4, 13.1.5, 13.1.6, 13.3.4, 13.4.2, 15.1.2, 15.1.3	H6	3		1.0.3, 5.0.6
9. Assess community resources available to individuals and families	1.2		1.3.4, 2.5.1, 6.1.3, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 7.1.1, 7.2.1, 7.2.5, 7.3.1, 7.4.6, 12.3.3, 13.1.4, 13.3.4, 13.3.5, 13.3.6, 15.1.2, 15.1.4, 15.3.1,	B13	3, 4		6.0.7
10. Evaluate family problem-solving and decision making skills	1.2, 1.6, 3.2, 3.4, 3.7, 4.1		2.1.7, 2.4.1, 6.1.5, 6.2.2, 6.2.3, 6.2.4, 7.5.5, 13.1.1, 13.1.3, 13.1.4, 13.1.5, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.7, 13.4.2, 13.4.3, 15.1.2, 15.1.3,		3		0.0.2
F. Making Responsible Parenting Decisions							
1. Identify characteristics of positive parenting	1.2, 1.3, 1.4, 1.6		6.1.5, 6.2.2, 6.2.3, 6.2.4, 12.3.1, 13.1.4, 13.3.3, 15.1.2, 15.1.3, 15.2.1, 15.2.3, 15.2.4, 15.3.3		3		0.0.3, 6.0.5, 6.0.6
2. Identify parental rights and responsibilities to have and keep children	1.2, 1.3, 1.4, 4.3, 4.7		6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.2.3, 7.2.4, 7.2.6, 13.1.4, 13.3.5, 15.1.2, 15.1.3, 15.2.4, 15.3.3		3		1.0.9
3. Evaluate impact of children on resources	1.2, 1.5, 4.3		2.5.1, 6.1.3, 6.2.2, 6.2.4, 6.2.5, 15.1.2, 15.1.3		1, 3		6.0.3
4. Compare and contrast parenting issues related to various family types	1.1, 1.2, 1.6	SS6	6.1.1, 6.1.2, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.4.2, 7.4.4, 12.2.1, 13.1.2, 13.1.4, 13.2.4, 15.1.1, 15.1.2, 15.1.3, 15.2.4, 15.4.3		3		
G. Influencing Change in Environments							
1. Develop skills to affect public policy related to family living and parenthood	1.2, 1.4, 1.7, 1.8, 1.10, 4.1, 4.5, 4.6	CA6; SS6	1.1.1, 1.3.1, 1.3.5, 2.2.1, 2.2.2, 6.1.2, 6.1.3, 6.1.4, 6.1.5, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5, 7.1.4, 7.2.2, 7.3.1, 7.3.4, 13.1.2, 13.6.4, 15.1.2, 15.1.4, 15.2.4, 15.3.3,	D12	2, 4		6.0.8
2. Analyze the impact of technology on individual and family lifestyles as related to family living and parenthood	1.2, 1.3, 1.4, 1.8	SC8; HP6	1.1.1, 1.1.2, 1.2.5, 2.4.2, 2.4.3, 6.1.6, 6.2.1, 6.2.2, 6.2.3, 6.2.4, 7.3.3, 12.2.1, 12.2.4, 12.3.3, 13.1.2, 13.1.4, 13.2.6, 15.1.2, 15.1.3, 15.1.4,	E2	3, 5		
3. Utilize technology and other resources to influence change in family and parenting environments	1.4, 1.10, 2.7	SC4, SC8; SS2	1.1.2, 1.2.5, 2.5.1, 6.1.6, 6.2.3, 6.2.4, 7.1.4, 7.3.5, 12.3.3, 13.1.2, 13.3.6, 15.1.2, 15.1.3, 15.1.4, 15.2.4, 15.3.3,	A3	3, 5		
H. Researching Key Careers							
1. Identify career clusters and careers related to family studies	1.4, 1.5, 1.7, 4.8		1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.2.1, 6.1.7, 6.2.1, 7.1.1, 7.1.3, 7.2.3, 13.6.1, 15.1.4,		3	A2	
2. Assess personal characteristics and professional requirements for family study occupations	1.1, 1.2, 1.3, 1.4, 1.10	SC3	1.1.1, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.2.1, 1.2.2, 1.2.6, 6.1.7, 6.2.2, 6.2.3, 6.2.4, 7.1.1, 7.1.2, 7.5.1, 13.4.1,	D16	3	A1	3.0.5
3. Investigate working conditions and income of specific careers	1.1, 1.2, 1.8, 4.8	MA1	1.1.5, 1.1.6, 1.2.1, 1.2.7, 6.1.7, 7.1.2, 7.1.3, 7.2.2,	F4	1, 3	A2, B2	
4. Use effective communication techniques for multiple workplace situations	2.2, 2.6	CA6	1.2.1, 1.2.2, 1.2.3, 12.2.6, 6.2.4, 7.2.4, 7.2.5, 7.5.2, 13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7, 13.4.5	D3, D4	2, 3	G1	3.0.3, 3.0.6
5. Examine ethical and professional issues and responsibilities	1.2, 1.10, 4.4	CA6	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.5, 1.1.6, 1.2.4, 1.2.5, 1.2.8, 1.3.1, 6.1.3, 6.1.4, 6.1.5, 6.1.6, 6.1.7, 6.2.4, 6.2.5, 7.1.1, 7.1.4, 7.2.2, 7.2.3, 7.4.1, 7.4.2, 7.4.5, 7.4.6, 7.5.1, 7.5.2, 13.1.4,		3	A2, F6	0.0.2, 1.0.4, 3.0.5, 5.0.8
6. Evaluate entrepreneurial options related to family studies	1.2, 1.5, 4.8		1.1.3, 1.1.4, 1.1.6, 1.2.1, 6.1.5, 6.1.7, 7.1.2, 7.2.7	B14, F5	1, 3	A2, B2	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Child Development, Care & Guidance							
Course Rationale: To improve the quality of life for Missouri's children, performance competencies in the Child Development, Care and Guidance course taught in Family and Consumer Sciences Education programs enable students to a) construct meaning pertinent to child care, guidance and supervision; b) communicate effectively with family members, child care agencies and professional service providers; c) solve problems based upon the developmental needs of children; d) make decisions that support the sound physical, mental and social development of children; and e) assess the impact of the parenting role in society.							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address child development, care and guidance issues	1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.8, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6; HP2, HP3, HP4, HP5, HP6; MA3; SC8; SS6	1.1.3, 1.2.4, 1.3.2	B13	3		0.0.4
2. Utilize leadership qualities and skills for problem solving	1.1, 1.2, 1.3, 1.5, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.4, 4.5, 4.6, 4.8	CA1, CA3, CA6; SC8; SS6	1.1.2, 1.1.5, 1.1.6, 1.2.6, 4.5.2, 4.5.3	D5	2, 3		0.0.2, 0.0.4
B. Describing Diverse Roles in Parenting							
1. Evaluate factors and choices related to parenting	1.2, 1.5, 2.3, 4.1, 4.6	HP2	2.5.1, 2.6.1, 6.1.2, 15.1.1, 15.1.2, 15.1.3, 15.1.4		3		1.0.9, 5.0.3
2. List changes and adaptations needed for parenting roles	1.2, 4.3, 4.6	CA4; HP2	2.6.1, 6.1.2, 15.1.1, 15.1.2, 15.1.3, 15.1.4		1, 3		1.0.9, 5.0.3, 6.0.1, 6.03
3. Describe parenting practices in different cultures	1.2, 1.8, 1.9	CA1; SS6	6.1.3, 6.1.4, 6.2.2, 12.2.3, 15.1.1, 15.1.5	F8	3		5.0.1, 6.0.6
C. Analyzing Health Concerns and Needs During Prenatal Development							
1. Describe fetal development during pregnancy	1.2, 1.8	HP1; SC3	15.4.1, 15.4.2		3		6.0.3
2. Describe the process of labor and delivery	1.2, 1.8	HP1	15.4.1		3		6.0.3
3. Explain effects of substance use and abuse related to pregnancy	1.8, 3.4, 4.7, 4.8	HP5	15.2.4, 15.4.1		3		6.0.3
4. Identify genetic factors that affect pregnancy	1.2, 1.3, 1.4, 1.6, 1.8, 3.1, 3.4, 3.6, 4.7	HP1; SC3	12.2.1, 15.4.1, 15.4.3		3		6.0.3
5. Assess environmental factors that affect pregnancy	1.2, 1.5, 1.7, 1.8	HP5; SC4; SS5	1.2.7, 2.2.2, 12.2.1, 15.4.1, 15.4.2		3		
D. Explaining Developmental Stages (Physical, Social, Emotional and Cognitive)							
1. Distinguish among developmental stages	1.2, 1.5	HP1	4.2.1, 12.1.1, 12.1.2		3		6.0.4
2. Explain individual differences in development	1.6, 1.8	HP1; SS6	4.2.1, 4.2.2, 12.1.2, 12.2.2, 12.2.4		3		6.0.4
3. Relate individual differences to predictable developmental sequences	1.2, 1.5, 1.6	HP1; SC3	4.2.1, 4.2.4, 4.2.5, 4.3.2, 12.2.4		3		6.0.4
4. Propose ways to optimize development through play	1.2, 1.3, 1.6, 1.8, 3.2, 3.3, 3.6, 3.7	SC7	4.2.3, 4.2.5, 4.3.2		2, 3		6.0.4
E. Justifying Interaction Choices							
1. Identify guidance/discipline	1.2, 1.4, 1.6, 1.9, 2.1, 2.2, 2.3, 3.3, 3.4	SS6	4.5.1, 4.5.2, 15.2.3		2, 3		1.0.7, 6.0.6
2. Exhibit communication skills that promote positive self-esteem	2.2, 2.3, 2.5, 2.7, 4.7	CA1, CA7; HP2	12.3.2, 15.2.2	D3, D4	2	G1, G2	0.0.3, 1.0.2, 1.0.7, 3.0.3, 5.0.2, 5.0.5, 6.0.5
F. Distinguishing Health Concerns at Developmental Stages							
1. Describe community health concerns	1.2, 1.8	HP3, HP5	2.1.6, 4.4.2		3, 4		
2. Determine appropriate first-aid procedures	1.2, 1.5, 3.2, 3.3, 3.7	HP7	4.4.7	H4	3		
3. Devise a comprehensive plan for childhood wellness	1.2, 1.6, 1.8	HP2, HP3	2.1.6, 4.4.2, 4.4.6, 7.4.1		3		6.0.4
G. Identifying Guidelines for Creating Safe Environments							
1. List components of a safe environment	1.2, 1.6, 1.8, 4.7	HP2, HP5, HP6, HP7; SC8	1.2.7, 2.2.2, 7.4.1		3		2.0.3, 6.0.4
2. Describe signs of abuse and neglect	1.2, 1.6, 1.8, 2.1, 3.1, 4.7	CA1; HP5	1.3.4, 2.5.1, 4.4.5		3		6.0.6

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
3. Describe available community resources for violence prevention, reporting and counseling	1.2, 1.8, 2.1, 2.2, 2.3, 2.6, 4.6, 4.7	CA6; HP5, HP7; SS7	1.3.4, 2.5.1, 2.5.2, 7.2.5, 7.4.4, 7.4.5, 13.4.6, 15.2.3, 15.2.?, 15.3.1, 15.3.2, 15.3.3		3, 4		5.0.6, 6.0.6, 6.0.7
H. Comparing Child Care Options							
1. Summarize criteria for quality child care	1.2, 1.4, 1.6	CA1; HP6; SS6	1.1.1, 4.2.1, 4.2.2, 4.3.1, 15.2.5		3		6.0.7
2. Evaluate costs and features of available child care options	1.2, 1.5, 1.6, 1.8, 4.1	HP6; MA3; SS6	2.6.2		1, 3		6.0.7
I. Influencing Change in Environments							
1. Develop skills to affect public policy related to child development, care and guidance	1.2, 1.4, 1.7, 1.8, 1.10, 4.1, 4.5, 4.6	CA6; SS3	1.1.1, 1.1.2, 1.3.5, 4.6.3, 7.2.6, 15.3.3, 15.4.3	D12	2, 4		6.0.8
2. Analyze the impact of technology on individual and family lifestyles as related to child development, care and guidance	1.2, 1.3, 1.4, 1.8	HP6; SC8	1.1.1, 1.1.2, 2.4.2, 2.4.3, 15.4.3, 15.4.4	E2	3, 5		6.0.7
3. Utilize technology and other resources to influence change in child development, care and guidance environments	1.4, 1.10, 2.7	CA6; SC8; SS3	1.2.5, 2.4.3, 15.4.3, 15.4.4	A3	3, 5		
J. Researching Key Careers							
1. Identify career clusters and careers related to child development, care and guidance	1.4, 1.5, 1.7, 4.8	SS6	1.1.3, 1.2.2, 4.1.1, 4.1.3, 7.1.2		3	A2	6.0.8
2. Assess personal characteristics and professional requirements for occupations related to child development, care and guidance	1.1, 1.2, 1.3, 1.4, 1.10	SC3	1.1.3, 1.2.2, 4.1.1, 4.1.2, 4.1.3	D16	3	A1	3.0.5
3. Investigate working conditions and income of specific careers	1.1, 1.2, 1.8, 4.8	MA1; SS4	1.2.7, 4.6.1	F4	1, 3	A2, B2	3.0.5, 6.0.8
4. Use effective communication techniques for multiple workplace situations	2.2, 2.6	CA1, CA6	1.2.3, 4.2.1, 13.3.5	D3, D4	2, 3	G1	
5. Examine ethical and professional issues and responsibilities	1.2, 1.10, 4.1, 4.3, 4.4	SS6	1.1.1, 1.1.2, 1.2.8, 4.6.2, 13.6.4		3	A2, F6	0.0.2, 3.0.5, 6.0.8
6. Evaluate entrepreneurial options related to child development, care and guidance	1.2, 1.5, 4.8		4.1.2	B14, F5	1, 3	A2, B2	

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MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
1. Explore different theories of child development (e.g., Piaget, Erikson, etc.)	1.4, 1.5, 4.8	SS6			2a, 2c, 2f, 3a, 3b, 3c, 4a, 4b, 5b		1.0.1-.9, 2.0.2-.3-.6, 3.0.2-.7, 5.0.2-.3-.4
2. Apply knowledge of developmental stages to observation and/or interaction with individual children	1.8, 1.10, 2.2, 2.5, 3.2, 3.3, 3.4, 3.5, 4.1, 4.5, 4.6	CA5, CA6, HP1, HP2		D4	1a, 2b, 2c, 2e, 2f, 3a, 3b, 3c, 4b	G1	0.0.1-.3, 1.0.1-.2, 3.0.3, 5.0.7, 6.0.4
3. Compare and contrast normal and atypical child development (birth to age 12)	1.8, 2.3, 3.5	CA6, HP1, HP2, SC3			2c, 2e, 2f, 3a, 3b, 3c, 4b, 5b		0.0.1, 1.0.1, 3.0.2, 6.0.4
4. Interpret individual differences of young children and apply to predictable developmental sequences	1.6, 1.10, 3.2, 3.4, 3.5, 3.7	CA6, HP1, HP2		B13	2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c	G2	0.0.1, 1.0.1, 3.0.2, 6.0.4
C. Appraising Health Concerns at Developmental Stages							
1. Maintain a safe, healthy and developmentally appropriate environment for children	1.10, 3.2, 3.6, 3.8, 4.7	HP2, HP3, HP5		A5, B13, H1	1a, 1b, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 3a, 3b, 3c, 4b, 4c, 5c	F4, F6	0.1.2, 2.0.1-.3, 2.0.5-.9-.10, 4.0.1-.4, 4.0.6, 4.0.8, 5.0.2-.3, 5.0.5-.8, 6.0.1-.8
2. Compare and contrast age-appropriate toys and equipment	1.1, 1.8, 3.8, 4.1, 4.7	HP4, HP6		B13	1a, 1b, 1c, 2c, 2d, 3a, 3b, 3c	F4	0.0.1, 1.0.2, 2.0.2-.3-.5
3. Identify symptoms of various common childhood illnesses and diseases	4.1, 4.7	HP3		H2	1d, 2a, 2b, 2c, 2d, 3a, 3b, 3c, 3d	F4, F6	0.0.1-.2, 4.0.1
4. Identify immunization trends	1.7, 3.7, 4.7	HP3		B12, H1, H2	2c, 2f, 3a, 3b, 3c		0.0.1, 4.0.1
5. Develop policies for maintaining safety procedures when working with various age groups	1.10, 2.1, 3.6, 4.3, 4.7	HP2		B12, B13, H1, H4, H5	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4a, 4b	F6, G2	0.0.1-.2-.3-.4, 1.0.3-.7, 2.0.3, 3.0.2-.6-.7, 4.0.1
6. Review emergency procedures necessary for the child's environment (e.g., first aid, CPR)	1.10, 3.6, 4.6, 4.7	HP7		B12, H4	1a, 1c, 1d, 2a, 2b, 2c, 2d, 2f, 3a, 3b, 3c, 4a, 4b, 4c	F6	0.0.1-.4, 1.0.3-.7, 2.0.3, 3.0.2-.6
7. Compile informational resources necessary to produce healthy, age-appropriate meals and snacks	1.4, 1.10, 2.1, 2.5, 4.1, 4.7	HP2		B13, D1, D2, H1	1a, 1c, 1d, 2a, 2c, 2d, 2f, 3a, 3b, 3c, 3d, 4b, 5a, 5b	F4	4.0.1-.4-.5-.6-.7-.8
D. Providing Children's Activities							
1. Analyze play and its influence on the development of children	4.7	HP2, HP4, SC8		B13	1c, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d	F4	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
2. Plan age- and developmentally appropriate activities	2.1, 3.5, 3.7	CA1, HP4, HP6		A1, B13, D3, D9	1a, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b, 5a, 5b	F4	
3. Implement age- and developmentally appropriate activities	1.10, 2.3, 2.5, 4.6	CA1, CA6		B13, D3	1a, 1b, 1c, 2a, 2b, 2c, 2d, 2e, 2f, 3b, 3c, 4b	F4	
4. Evaluate age- and developmentally appropriate activities	3.7	CA4		B13	1a, 1b, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3c, 3d	F4	
5. Adapt activities for children with special needs	3.2, 3.7, 4.7	HP3, HP5, HP6			1a, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3c, 3d, 4a, 4b	F4	
6. Adapt activities to the environment	1.10, 3.3, 3.6, 3.7	HP7			1a, 1c, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3c, 3d, 4b, 5a, 5b	F4	
E. Balancing Work and Family							
1. Describe community resources available to families	1.1, 1.4, 1.10, 2.3	CA1, CA3, HP5			1c, 2a, 2b, 2c, 2d, 2f, 3b, 3c, 3d	F4, G1	
2. Distinguish between various types of child care facilities	1.7, 2.5, 3.6, 3.8	CA1, CA3, SS7		A2, B4, C1	2b, 2c, 2f, 3c, 4a	B2	
3. Identify an employer's policies toward family-friendly benefits (e.g., family leave, on-site child care)	1.2, 1.5, 2.5, 3.1, 3.7	HP2, HP5		C2, F2	1a, 1d, 2a, 2c, 3a, 3b, 3c, 5a, 5b	B2	
4. Identify selection criteria for a child care facility (e.g., quality, affordability, access)	1.1, 1.2, 3.4, 4.1, 4.7	CA1, CA3		A6, B13	1a, 1c, 2a, 2c, 2d, 2f, 3a, 3b, 3c, 5a, 5b		
5. Propose a management plan for balancing personal and family life	1.1, 1.2, 2.5, 3.4, 3.7, 4.6, 4.7	CA1, CA3, HP2, HP5, HP6		D6	1a, 1b, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b	G2	
F. Establishing a Quality Child Care Program							
1. Identify components of quality child care programs	1.1, 1.2, 1.4, 1.7, 2.3, 3.3, 3.8, 4.6, 4.7			A6, B13	2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d, 4a, 4b, 5a, 5b	B2	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
2. Identify barriers to quality (e.g., salaries, space, social attitudes, training)	1.2, 1.6, 2.3, 3.2, 3.3, 3.7, 3.8, 4.6	SS6		A6, B13	1a, 1b, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d, 4a, 5a, 5b		
3. Describe societal benefits of quality child care programs	1.2, 1.3, 1.4, 1.6, 1.9, 1.10, 2.3, 3.2, 3.8, 4.6	CA1, CA6, SS6		B9, B13, G3	1c, 1d, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c	G1	
4. Explain the impact of shared responsibility for quality care and education (e.g., parents, teachers, administrators, children, community, government)	1.3, 1.4, 1.6, 1.9, 1.10, 2.3, 3.1, 3.2, 3.6, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4, 4.6	SS6		B2, B9, G3	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3c, 3d, 4a, 4b	G2	
G. Interacting with Children							
1. Use appropriate behavior of an observer	1.1, 1.2, 1.3, 2.5, 2.6, 3.2, 3.3, 3.5, 4.4, 4.6			E5, I2	1a, 1d, 2c, 2d, 2f, 3a, 3b, 3c	F4, G2	
2. Identify reasons for observing young children (e.g., child interactions, child strengths and weaknesses, curriculum planning, child behaviors within a class and shared with a parent)	1.3, 2.3, 2.7, 3.4, 3.6, 3.7, 4.1, 4.2			E5, G2	2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b	G2	
3. Explain methods for observing young children (e.g., checklist, anecdotal)	1.3, 1.4, 1.7, 1.8, 2.2, 3.6, 3.5, 3.7	CA4		E5, G2	1a, 1d, 2a, 2b, 2c, 2d, 2f, 3a, 3b, 3c, 4b	F4	
4. Demonstrate discipline and guidance techniques	1.9, 2.3, 2.6, 3.1, 3.2, 3.3, 3.74, 3.6, 3.7, 4.1, 4.2, 4.3, 4.4, 4.7	HP2		B13, F8, I2	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3b, 3c	F4	
5. Use appropriate verbal and nonverbal communications skills when disciplining or guiding children	1.10, 2.2, 2.3, 2.6, 3.7, 4.1, 4.7	CA1		D3, D4, F8, I4	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c	F4	
6. Describe age-appropriate behavioral expectations	1.6, 2.2, 2.6, 3.4, 3.6,	CA6, HP2, SS6		E5, F8	2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b	F4	
7. Build positive self-concept attitudes and behaviors	1.3, 3.4, 4.6, 4.7	HP2		F2, F6, F8, I2, I4, I5	1a, 1c, 1f, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b	F1, F2, F3, G2	
8. Promote individual differences while building self-concept	1.3, 2.6, 3.6, 3.7, 4.2, 4.6, 4.7	HP2, SS6		B10, F8, I2, I4	1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b	F4, G1, G2	
9. Explain environmental effects on self-esteem	1.3, 3.2, 3.3, 3.7, 4.2, 4.6	SS6		B10, F8, I2, I4	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 4b		

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
10. Identify temperament's impact on behavior and self-esteem	1.3, 3.2, 3.3, 4.2, 4.6	HP2		E4	1a, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c	F4	
11. Identify roles of interaction (e.g., maternal, instruction, therapeutic)	1.10, 2.6, 3.2, 3.3, 4.3			I1	1a, 1d, 2b, 2c, 2d, 2f, 3a, 3b, 3c	F4	
H. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address child development, care and guidance issues	1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.8, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6, HP2, HP3, HP4, HP5, HP6, MA3, SC8, SS6		B13, D10, D12, D13	1a, 1b, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d, 4b, 5a	A2, G1	
2. Utilize leadership qualities and skills for problem solving	1.1, 1.2, 1.3, 1.5, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.4, 4.5, 4.6, 4.8	CA1, CA6, SC8, SS6		D9, D10, D13, D15, G1, G3, I6	1a, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d, 4b, 5a, 5b	F3, F4, G1, G2	
3. Apply leadership skills to affect public policy related to child development, care and guidance	1.2, 1.4, 1.7, 1.8, 1.10, 4.1, 4.5, 4.6	CA6, SS3, SS6		B13, D3, D4, D5, D12, D13	1a, 1b, 1c, 1d, 2a, 2b, 2c, 2d, 2e, 2f, 3a, 3b, 3c, 3d, 4a, 4b, 5a	G1, G2	

MISSOURI COMPETENCY	CDA Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Child Care Provider/Assistant							
Course Rationale: To improve the quality of life for Missouri's children, performance competencies in the Child Care Provider program taught in Family and Consumer Sciences and Human Services enable students to a) establish and maintain a safe, healthy learning environment; b) advance physical and intellectual competence and to support social and emotional development and to provide positive guidance; c) establish positive and productive relationships with families; d) ensure a well-run, purposeful child care program responsive to participant needs; and e) maintain a commitment to professionalism.							
A. Providing a Safe Environment							
1. Plan and implement safe and legal field trips	1						
2. Provide and maintain safety indoors and outdoors	1						
3. Respond to emergency situations appropriately	1.2						
4. Practice secure procedures for releasing children from the center	1.2						
B. Providing a Healthy Environment							
1. Meet health requirements (child care worker)							
2. Plan, prepare and serve nutritious meals or snacks	2						
3. Assess child's health status and follow appropriate health procedures.	2						
4. Provide and maintain proper sanitary conditions	2						
5. Help children develop proper health habits	2.2						
6. Recognize signs of suspected child abuse/neglect	2.2						
C. Creating a Learning Environment							
1. Plan and arrange learning centers for an early childhood program.	3.2						
2. Establish a balanced daily schedule.							
3. Plan for individual and group needs.							
4. Develop plans for daily activities.	2, 5.1, 5.3						
D. Promoting Physical Development							
1. Observe and describe a child's physical development.	4						
2. Provide and develop appropriate large motor activities.	4.1						
3. Provide activities to promote small motor skills	4.2						
4. Plan and guide activities appropriate for outdoor play	4.1, 4.2						
5. Interact appropriately with child's physical activities	4						
6. Provide opportunities for sensory experiences	4.4						
E. Facilitating Cognitive Development							
1. Plan and guide appropriate language experiences	6.2, 6.3, 6.5, 12						
2. Guide the child in problem solving and decision making	5.1, 5.2						
3. Offer opportunities for emerging literacy	6.5						
4. Use play to support cognitive development	5.2						
5. Plan and guide developmentally appropriate pre-math activities	5.1						
6. Plan and guide developmentally appropriate science and nature activities	5.1, 5.2, 5.3						
7. Plan and guide developmentally appropriate social studies activities							
8. Observe and describe a child's cognitive development							
F. Communicating Effectively (Child Care Worker)							
1. Use effective oral communication	6.1, 6.2						
2. Listen actively	6.3, 6.4						
3. Use written communication competently	12						
G. Encouraging Creativity							
1. Evaluate characteristics of process-oriented activities for encouraging children's self-expression	7.4, 7.5						
2. Plan and guide opportunities for dramatic play	7.1, 7.5						
3. Plan and guide creative art activities	7.1, 7.3						
4. Plan and guide activities for self-expression through music and dance	7.1, 7.2						

MISSOURI COMPETENCY	CDA Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
H. Developing Social Skills							
1. Encourage cooperation in play	9.1						
2. Identify the levels of play							
3. Help children develop appropriate social skills							
4. Observe and describe child's level of social development							
I. Enhancing Self-concepts							
1. Interact with child as an individual and in group settings	6.1, 6.2, 6.3, 6.4, 8.1, 8.2						
2. Identify behaviors that reflect negative and positive self-concepts	10.3						
3. Recognize and respect the individual differences of child and family	5.3						
4. Recognize children's special needs	4.3						
J. Providing Guidance							
1. Set and communicate limits for acceptable behavior	10.1, 10.2						
2. Direct and guide positive behaviors	10.1, 10.2, 10.3						
3. Use strategies to provide guidance/intervention for inappropriate behavior	10.1, 10.3						
K. Relating to Families							
1. Develop and implement strategies to strengthen school/family partnerships	11.1, 11.2, 11.3						
2. Communicate with family members	11.3, 11.4						
L. Maintaining the Program							
1. Recognize roles within the program	12, 13						
2. Support other staff members and professionals	12, 13						
3. Keep all appropriate records	1, 2, 12						
4. Comply with licensing regulations	12, 13						
5. Comply with philosophy and personnel/program policies	13						
6. Meet ongoing program needs	2, 11, 12, 13						
7. Develop a program budget	12						
8. Develop curriculum for the program	4, 5, 6, 9, 12, 13						
9. Conduct various program observations	12						
10. Conduct various program evaluations	1, 2, 11, 12, 13						
11. Locate community resources	1, 2, 11, 12, 13						
M. Displaying Professionalism							
1. Demonstrate professional behavior	8, 13						
2. Provide a positive role model for child, parent(s) and coworker(s)	12, 13						
3. Demonstrate enjoyment of working with young children	2, 12, 13						
4. Display good work habits	2, 12, 13						
5. Use problem-solving skills to enhance the program	13						
6. Balance social, home and work lives	13						
7. Accept constructive criticism	13						
8. Show interest in professional growth	13						
9. Recognize standards of accreditation of child-care programs	13						
10. Utilize technology and other resources to influence positive change for children and families							
11. Maintain confidentiality about the child and family	11, 13						
P. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize professional organizations to advocate for early childhood issues	13						
2. Utilize leadership qualities and skills	13						

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Nutrition and Wellness							
<i>Course Rationale: To improve the health and quality of life of Missouri citizens, performance competencies in the Nutrition and Wellness course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning related to nutrition, food economics and ecology; b) communicate effectively with family members, consumer groups and providers of food and nutrition products and services; c) solve problems related to health and wellness, as well as food needs through the application of mathematics and science principles; and d) make responsible decisions involving family and individual food needs,</i>							
A. Determine Influences on Personal Food Choices							
1. Examine cultural influences (ethnic, religious)	1.9,	CA3, HP2, HP5, SS6	14.1.2	B10	3		0.0.3
2. Explore family and social influences	1.1	SC3, SC4,	14.1.2, 14.2.2				0.03
3. Examine psychological influences	2.3, 4.7	CA3, HP6	14.1.1, 14.1.2				4.0.3
4. Investigate environmental influences (economic, political, geographic, global, media)	1.1, 1.2, 2.3, 3.1, 4.3	HP6, MA3, SC7, SC8, SS4, SS5, SS7	1.3.5, 14.1.3, 14.1.4, 14.1.5				4.0.1
5. Research technological influences	1.4, 2.1, 2.7	CA4, SC8, SS7	1.2.5, 14.1.3, 14.5.1, 14.5.2, 14.5.3, 14.5.4	A4, B8, D8, D15, H1	5	B2	
B. Comprehend Nutrition Principles							
1. Describe the effects of nutrients on health, growth, appearance and performance	1.5, 1.7, 2.3, 4.1	CA1, CA3, CA4, CA6, HP1, SC3	14.2.1, 14.3.1				4.0.2
2. Identify nutrient sources	3.1	CA3, HP2					
3. Use various nutrition guidelines (e.g., Food Guide Pyramid, Dietary Guidelines)	1.2, 1.8, 2.1, 3.2, 3.7, 4.7	CA3, HP2, HP5,	14.3.1	B13, D15, H1			4.0.4
4. Compare and contrast nutrient/caloric composition of foods	1.4, 3.8, 4.7	HP6, MA3, SC8	14.2.4		3		
C. Assess Nutrition and Wellness Practices							
1. Propose eating patterns that promote health	1.7, 2.1, 2.2, 2.3, 3.1, 3.2, 4.1, 4.7	CA1, CA3, CA6, HP1, HP2, HP5	9.3.6, 9.4.5	I13, I15			0.0.1, 0.0.2, 4.0.1, 4.0.2, 4.0.4
2. Examine special nutritional needs (e.g., sports nutrition, modified diets, food supplements)	1.2, 1.10, 3.2, 3.3, 3.5, 3.6, 3.7, 3.8	CA3, HP2, HP4, HP5	14.3.2				4.0.1, 4.0.4
3. Examine changes in food and nutrient needs across the life span	1.2, 1.10, 3.2, 3.3, 3.5, 3.6, 3.7, 3.8	CA3, HP1, HP2, HP4, HP5, HP6	14.2.2				4.0.1, 4.0.8
4. Describe nutrition-related health risks	2.1, 2.3, 2.4, 3.5, 3.6, 4.5, 4.7	CA6, HP2, HP3, HP4, HP5	1.2.7,	H4, I3			0.0.2, 4.0.1, 4.0.8
5. Assess the effects of eating disorders, and food and diet fads on wellness	1.2, 2.3, 3.1, 3.4, 3.5, 3.6, 3.7, 3.8,	CS3, HP2, HP3, HP5, HP7	14.2.3				0.0.3, 4.0.1, 4.0.3, 4.0.8
6. Assess the role of physical activity on wellness	1.2, 2.3, 3.1, 3.4, 3.5, 3.6, 3.7, 3.8,	HP1, HP2, HP4, HP5	14.2.2, 14.2.3	I3			4.0.2, 4.0.8
D. Manage Resources to Promote Good Health							
1. Demonstrate the ability to plan and prepare healthful meals and snacks using available resources (e.g., time, money, personal energy, skills)	1.1, 1.4, 1.10, 2.1, 1.3, 1.5, 3.2, 3.3, 4.5, 4.6, 4.7	CA1, CA3, CS4, CA6, MA1, SS4	2.1.3, 14.3.1, 14.3.3, 14.5.3				0.0.1, 0.0.2, 2.0.9, 2.0.10, 3.0.2,
2. Identify safety and sanitation practices	3.1, 4.7	CA1, CA4, HP3, HP7	14.4.2, 14.4.5, 14.4.6	H1, H5,			
3. Compare ways to select, store, prepare, and serve food for optimum nutrition	1.1, 1.5, 1.6, 1.8, 2.2, 3.4, 3.7, 3.8,	CA3, CA6	14.3.3				2.0.10, 4.0.5, 4.0.8
4. Identify programs that provide food assistance, nutrition and wellness services (community/government agencies, health organizations, community parks and recreation)	1.4, 1.7, 1.8, 2.3, 3.1, 4.3	CA3	14.1.5, 14.4.3	G2			0.0.4, 4.0.8
5. Discriminate between sources of reliable and unreliable food/nutrition information, products and services	1.7, 2.2, 2.7, 3.4, 3.5.3.6, 3.7, 3.8, 4.1, 4.7	CA3, HP6,	14.1.3, 14.1.5	E5			0.0.2
6. Utilize FCCLA programs to promote nutrition and wellness	1.1, 1.2, 1.5, 1.8, 1.10, 2.1, 2.3, 2.6, 2.7.3.1, 3.3,	CA1, CA3, CA4, CA6HP3, HP6	14.2.1, 14.5.3		2	F3, F4, G1, G2	4.0.1, 4.0.2, 4.0.8
E. Investigate Key Careers in Nutrition and Wellness							
1. Identify career clusters and careers related to nutrition and wellness	1.1, 1.6, 1.10	CA2, SS4	9.1.1, 9.1.2	F5,		A1, A2	
2. Research jobs and careers related to nutrition and wellness	1.1, 1.4, 2.2, 2.6, 3.5, 3.7	CA1, CA4,	9.1.3	D16, E3	3	B1, B2	3.0.5
3. Examine ethical issues and work-related responsibilities	1.3, 1.5, 3.7, 3.8, 4.1, 4.2, 4.3, 4.4	HP3,HP5, SC8	1.2.8	A3, B10, F2, H9, I1, I2	1, 2	F1, F3, F6, G1, G2	0.0.2, 0.0.4, 3.0.6

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Family/Individual Health							
Course Rationale: To improve the health of Missouri citizens, performance competencies in the family/individual health course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning pertinent to health care knowledge; b) communicate effectively with family members and health care providers; c) solve problems impacting health and wellness; and d) make responsible health care decisions involving individuals, families, and communities.							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address family/individual health issues	1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.8, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6; HP1, HP2, HP3, HP4, HP5, HP6, HP7; MA3; SC8; SS4, SS6, SS7	1.2.1, 1.2.2, 1.2.3, 1.2.4, 1.2.7, 2.1.1, 2.1.6, 3.2.1	B13	3		0.0.4
2. Utilize leadership qualities and skills for problem solving	1.1, 1.2, 1.3, 1.5, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.4, 4.5, 4.6, 4.8	CA1, CA3, CA6; SC8; SS6	1.1.6, 1.2.6, 4.5.2	D5	2, 3		0.0.2
B. Promoting Individual Wellness							
1. Define wellness	1.2	HP2	12.1.1, 12.2.2, 14.1.1		3		
2. Describe lifetime fitness principles and techniques	1.2, 1.8	CA1; HP2, HP4, HP5	2.1.7, 10.6.7, 13.1.6, 14.2.2		3		3.0.2, 4.0.1, 4.0.2
3. Assess personal health practices and risks	1.1, 1.2, 1.5, 1.6, 1.8, 2.3	HP2, HP3, HP5; MA3	13.1.6, 14.2.1, 14.2.2, 14.2.3, 14.4.1		3		3.0.2, 4.0.1, 4.0.6
4. Create a personal wellness plan	1.1, 1.2, 1.8, 3.4, 4.5, 4.7	CA3; HP2, HP3, HP5	13.1.6, 14.1.1, 14.3.1, 14.3.2	H5	3		1.0.1, 3.0.2, 4.0.1, 4.0.2, 4.0.4
5. Analyze how the family, peers, community and global issues influence the health of individuals	1.2, 1.3, 1.8, 2.3, 2.4, 4.3	FA5; HP5, HP6; SS6	13.1.6, 14.1.4, 14.2.2, 14.4.1, 14.4.2, 14.4.3, 14.4.4		3		0.0.1, 2.0.3, 2.0.6, 4.0.1, 4.0.3, 4.0.8
6. Analyze situations that require professional health service	1.2, 1.8, 3.2, 3.3, 3.6	HP7	14.2.3, 14.4.5		3		
C. Exploring Functions and Interrelationships of Body, Social and Communication							
1. Describe functions of body systems including circulatory, digestive, reproductive and skeletal	1.2, 1.8	HP1	14.2.1, 14.4.5, 15.4.1		3		
2. Identify demographic changes that influence family health systems	1.2, 1.3, 1.4, 1.6	SS5	14.1.2, 14.2.2, 15.2.4		3, 4		
3. Analyze how family and cultural diversity impact health	1.2, 1.3, 1.8	HP2; SS6	14.1.2, 14.2.2, 15.2.4	F8	3		4.0.3
4. Defend a position on ethical, legal and environmental issues impacting health systems	1.2, 1.6, 1.8	CA6; HP6; SC4, SC8	14.1.5, 14.2.4, 14.4.4, 14.4.6, 15.2.4		3, 4	G1	
D. Enhancing Human Growth and Development							
1. Describe developmental processes that occur during the life cycle	1.2, 1.8	HP1	4.5.5, 12.1.1, 12.1.2, 12.2.2, 12.2.3, 12.2.4, 12.3.1, 12.3.2, 12.3.3, 13.1.2, 14.2.1, 14.2.2, 15.4.2		3		1.0.1
2. Identify diseases, illnesses and disorders affecting growth and development	1.2, 1.4, 1.6	HP3	4.4.5, 14.2.1, 14.2.2, 14.2.3, 14.4.1, 14.4.4, 14.4.5		3		
3. Describe behaviors for preventing and controlling communicable diseases	1.2, 1.8, 3.2, 3.3	HP3	4.4.6		3		
4. Develop coping strategies to deal with health deviations and changes in the life cycle	1.2, 1.8, 3.2, 3.3, 4.5, 4.7		2.1.6, 9.3.1, 12.3.2, 12.3.3, 13.1.5, 14.2.2, 15.4.2		3		
E. Promoting Health and Prevention Concepts							
1. Describe the changing relationships of mental, emotional, social and physical health throughout the lifespan	1.2, 1.6, 1.8	HP1	13.1.1, 13.1.2, 13.1.4, 13.2.4, 14.1.1, 14.2.2		3		1.0.1
2. Explain the effects of substance use and abuse of the individual, family and community	1.6, 1.8, 1.10	HP5			3		4.0.1
3. Evaluate how lifestyle choices impact health	1.2, 1.5, 1.6, 1.8	HP2	14.2.2, 14.2.3, 14.3.2		3		4.0.1
4. Distinguish between appropriate and inappropriate behavior in relationships as they affect health	1.2, 1.5, 1.6	HP2, HP5	13.1.1, 13.1.3, 15.2.4		2, 3		
5. Identify standards of personal hygiene and health	1.2, 1.3, 1.4	HP2, HP5	4.4.3, 9.2.5, 14.4.1	I5	3	F5	4.0.1
F. Promoting Nutritional Health							

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
1. Explain relationships between dietary guidelines and wellness	1.6, 1.8	HP2	9.3.2, 14.1.5, 14.2.1, 14.2.4, 14.3.1, 14.3.2		3		4.0.2
2. Compare nutritional need at different stages of the life cycle	1.2, 1.6	HP2	2.1.3, 14.2.1, 14.2.2, 14.2.3, 14.3.2		3		2.0.9
3. Identify nutritional needs of individuals with special health deviations	1.2, 1.3, 1.4, 1.6	HP2	2.1.3, 9.3.2, 9.3.7, 14.3.1, 14.3.2		3		2.0.9, 4.0.2
G. Maintaining a Safe Environment							
1. Describe health emergency procedures	1.2, 1.8	HP7	4.4.7, 14.4.5	H4	3		
2. Develop accident/injury prevention strategies for personal, home, family and community health	1.2, 1.6, 1.8, 3.2, 3.3, 3.6, 3.7, 4.7	HP5	4.4.6, 5.3.2, 5.4.5, 14.4.2, 14.4.6		3		
3. Demonstrate refusal and negotiation skills to avoid potentially harmful or exploitative situation	1.10, 3.2, 3.3, 4.7	HP5	13.1.3, 13.1.4, 13.1.5, 13.4.1, 13.4.2, 13.4.3	D5	2, 3	G1	
4. Demonstrate strategies for solving interpersonal conflicts without harming self or others	1.10, 3.1, 3.2, 3.3, 3.6, 3.7	CA7	13.1.1, 13.1.2, 13.1.5, 13.2.5, 13.4.4, 13.4.5, 15.2.4		2, 3	G1	1.0.7
5. Demonstrate methods of avoiding threatening situations	1.10, 3.2, 3.3, 3.6, 4.7	HP5	13.1.5, 13.4.5		2, 3	G1	
H. Accessing Health-Related Information, Products and Services							
1. Discriminate between reliable and unreliable health information, products and services	1.2, 1.5, 1.7	HP6	2.1.6, 3.5.2, 14.2.4, 14.4.4,		3		2.0.2
2. Analyze data from multiple sources to make informed decisions about health information, products and services	1.2, 1.4, 1.5, 1.7, 1.8, 4.1	HP6; MA1, MA3	2.1.6, 2.5.2, 3.5.2, 3.5.3, 14.1.5, 14.2.4, 14.4.2, 14.4.4, 15.3.1		3		2.0.2
3. Describe factors that influence personal selection of health care resources, products and services	1.2	HP6; SS4	2.1.6, 3.5.2, 3.5.3, 3.5.6, 14.1.5		3		2.0.2
4. Demonstrate the ability to access individuals and agencies that provide support and protection	1.1	HP6	1.3.4, 2.1.6, 2.6.3, 14.1.5, 14.2.4		3	G1	
5. Compare costs and benefits of available health care coverages	1.2, 1.5, 1.6, 3.8	MA1, MA3	2.1.6, 2.5.1, 2.6.3, 14.1.5		3		
I. Influencing Change in Environments							
1. Develop skills to affect public policy related to family/individual health	1.2, 1.4, 1.7, 1.8, 1.10, 4.1, 4.5, 4.6	CA6; HP6; SS3	1.3.5, 14.1.5, 14.2.4, 14.3.2, 14.4.3, 14.4.6	D12	2, 4		4.0.8, 6.0.8
2. Analyze the impact of technology on individual and family lifestyles as related to family/individual health	1.2, 1.3, 1.4, 1.8	HP6; SC8	1.1.2, 2.4.2, 2.4.3, 14.1.3, 14.5.2, 15.4.4	E2	3, 5		
3. Utilize technology and other resources to influence change in family/individual health environments	1.4, 1.10, 2.7	SC4, SC8; SS2	2.4.2, 14.1.3, 14.2.4, 14.3.2, 14.4.6	A3	3, 5		
J. Researching Key Careers							
1. Identify career clusters and careers related to family/individual health	1.4, 1.5, 1.7, 4.8	CA3, CA5, CA6; SS6	1.1.4, 1.1.6, 1.2.1, 3.1.3		3	A2	4.0.8
2. Assess personal characteristics and professional requirements for occupations related to family/individual health	1.1, 1.2, 1.3, 1.4, 1.10	CA1; SC3	1.2.1, 8.1.1, 8.1.2, 8.1.3	D16	3	A1	3.0.5
3. Investigate working conditions and income of specific careers	1.1, 1.2, 1.8, 4.8	CA1, CA4, CA5; HP5, HP6; MA1, MA3	1.2.7, 3.1.3, 8.1.2, 8.1.3	F4	1, 3	A2, B2	
4. Use effective communication techniques for multiple workplace situations	2.2, 2.6	CA6	1.2.3, 1.2.4	D3, D4	2, 3	G1	
5. Examine ethical and professional issues and responsibilities	1.2, 1.10, 4.4	CA6; HP6; SS6	1.1.1, 1.2.8, 14.1.5, 14.4.3		3	A2, F6	
6. Evaluate entrepreneurial options related to family/individual health	1.2, 1.5, 4.8		3.1.2, 7.1.2, 8.1.2, 14.1.5, 14.4.3	B14, F5	1, 3	A2, B2	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Food Science							
Course Rationale: To improve the health and quality of life of Missouri citizens, performance competencies in the Food Science course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning related to the biochemistry of foods and nutrition; b) solve problems related to foods and nutrition through the application of scientific principles; and c) assess the impact of food safety and sanitation on the health and well-being of individuals and families.							
A. Orientation to Food Science							
1. Compare and contrast food science to foodservice management		CA3, HP1, SC1			3		
2. Utilize basic principles of measurement in scientific experimentation (e.g., metrics, formulas, and equations)		MA2, MA4		D1, D2	3		
3. Demonstrate use, care, and safety of scientific lab equipment		SC7		E1, E2, H1, H2	5		
4. Explain the steps in the scientific method		SC7			3		
5. Write accurate and complete reports of science experiments		CA4		D3	3		
6. Identify the public and private organizations that influence food science, dietetics and food		HP6, SS3, SS6		A6	3		4.0.8
7. Identify career paths related to food science, dietetics and nutrition		CA3			3	42	1.0.4
B. Sensory Evaluation of Foods							
1. Identify qualities that make up the sensory characteristics of food		SC1			3		
2. Describe characteristics of sensory evaluation using appropriate terms		CA3, SC1			3		
3. Determine characteristics that affect food preferences		HP2, SS6			3		4.0.2, 4.0.3
C. Food Safety and Sanitation							
1. Compare the positive and negative effects of yeast, molds, bacteria and enzymes in foods		SC4			3		
2. Identify principles of HACCP (assess hazards, identify critical control points, set up control procedures, monitor critical control points, take corrective actions, develop a record-keeping system, verify that the system is working)		HP3, HP6, SC4, SC8		H1	3,4		
3. Describe the types of microorganisms that cause foodborne illness (e.g., bacteria, viruses, parasites, yeast, molds)		HP3, SC3			3		
4. Explain the relationship between microorganisms and foodborne illness		HP3, SC3			3		
5. Describe the basic environmental conditions that encourage the growth of microorganisms and foodborne illness		SC3, SC4			3		4.0.1, 4.0.8
6. Identify the three major types of hazards that cause foodborne illness (biological, chemical and physical)		HP6		H2	3		
7. Describe symptoms and causative agents of major foodborne illnesses (e.g., salmonellosis, botulism, hepatitis A)		HP3, HP6		H2	3		
8. Discuss how contamination and cross-contamination of foods can occur		HP3, HP6		H2	3		4.0.5
9. Identify methods and procedures for controlling foodborne illness		HP3, HP6			3		4.0.5
10. Demonstrate personal hygiene/health practices essential for food safety and sanitation		HP2, HP3		I5	3	F5, F6	4.0.1, 2.0.3
11. Name typical products, tools and methods for effective cleaning and sanitizing		HP3, HP6		E1, E2	5		
12. Identify location of and information on MSDS (Material Safety Data Sheet)		HP3, HP6		H1, H2, H3	3	F6	
D. Science Foundations							
1. Demonstrate the effects of acids and bases in food metabolism, preparation, processing and preservation		SC1			3		
2. Describe the classes of matter, including pure substances and mixtures		SC1			3		
3. Identify the elements found in biochemical systems (food) and their atomic symbols		SC1			3,4		
4. Explain the properties and principals of matter and energy (e.g., bonding, parts of the atom)		SC1			3,4		
5. Identify the components of a chemical		SC1			3		
6. Differentiate between chemical reactions and physical changes in food		SC1			3		

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
7. Demonstrate the relationship between energy, physical changes, and chemical reactions		SC1			3		
8. Discuss the relationship between molecular motion and temperature		SC2			3		
9. Explain how heat is transferred		SC1			3		
10. Interrelate the effects of temperature, latent heat and phase changes		SC1			3		
E. Biochemistry of Foods and the Major Nutrient Groups (Carbohydrates, Proteins, Lipids, Vitamins, Minerals and Water)							
1. Describe terms related to the major nutrients and nutrient groups		SC1			3		
2. Describe the functions of the major nutrients and nutrient groups		SC1			3		
3. Explain the functions of the major nutrients and nutrient groups in foods and food systems		SC1			3		
4. Explain the process of sugar hydrolysis		SC1			3		
5. Identify the product resulting from the hydrolysis of sucrose and lactose		SC1			3		
6. Compare the structures of amylose and amylopectin and their effect on cooking		SC1			3		
7. Discuss gelatinization, paste, retrogradation, and syneresis as they relate to starch cooken		SC1			3		
8. Explain what occurs during denaturization		SC1			3		
9. Describe the chemical structure of protein		SC1			3		
10. Compare the properties of saturated and unsaturated fatty acids		SC1			3		
11. Identify foods that contain saturated and unsaturated fats (triglycerides)		SC1			3		
12. Explain the differences between the types of fats and cholesterol		SC1			3		
13. List ways lipid oxidation can be controlled in food		SC1			3		
14. Explain the differences between the types of fats and cholesterol		SC1			3		
15. Compare and contrast bound and free water in foods		SC1			3		
16. Compare and contrast water-soluble and fat-soluble vitamins		HP2			3		4.0.2
17. Distinguish between major and trace		HP2, SC1			3		4.0.2
18. Identify some interrelationships among nutrients (e.g., vitamin D and calcium)		HP2			3		4.0.2
19. Discuss the effect of food processing on vitamin and mineral levels in food		HP2, HP5, HP6			3		4.0.2
20. Relate metabolism to the factors that affect it		HP1, HP2			3		4.0.2
F. Chemistry of Food Formulations and Reactions							
1. Explain the relationship between enzymes, coenzymes and substrates		SC1			3		
2. Identify factors that affect enzymatic activity		SC1			3		
3. Distinguish the function of enzymatic reactions in food spoilage and food preparatior		SC1			3		
4. Identify the solvents and solutes in solutions		SC1			3		
5. Analyze the effect of concentration on physical properties of a solution		SC1			3		
6. Identify the properties of colloidal dispersions		SC1			3		
7. Explain the relationship of an emulsion's parts		SC1			3		
8. Explain the functions and properties of leavening agents		SC1			3		
9. Identify the classes of food additives		HP6, SC8			3		
10. Discuss the role of governmental regulations regarding food additives		HP6, SC8, SS3, SS6		H1	3, 4		4.0.1, 4.0.2
11. Explain the use of additives in food		HP6, SC8			3		
12. Discuss the risks and benefits of using additives in food		HP6, SC8		A1	3	F6	4.0.1, 4.0.2
G. Food Manufacturing Processes (Fermentation, Canning, Freezing, Dehydration and Irradiation)							
1. Define terms related to food manufacturing processes		HP6, SC8			3, 5		
2. Identify commonly processed foods		HP6, SC8			3		
3. Compare and contrast food manufacturing processes		HP6, SC8			3, 4, 5		
4. Identify equipment used in food manufacturing processes		HP6, SC8		E1, E2	5		

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Family/Consumer Resource Management							
Course Rationale: To assist Missouri citizens in creating stable families, performance competencies in the Family/Consumer Resource Management course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning through interpreting family values, needs and wants; b) communicate effectively with family members and agencies that provide consumer products and services; c) solve problems that impact family resource management; and d) make decisions that contribute to economic stability and quality of life for families.							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address family/consumer resource issues	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6, HP6, MA1, MA3, SC4, SC8, SS3, SS4, SS6, SS7	2.1, 2.2, 2.3, 2.4, 2.5, 2.6	A1, A4, A5, A6, D10, D12, D15	1, 2, 3, 5	A2, A3, G1, G2	
2. Utilize leadership qualities and skills for problem solving	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 4.1, 4.3, 4.6		1.2.4, 1.2.6, 1.2.8, 13.5	D10, D11	2	A3, F1, F3, F4, G1, G2	
B. Assessing Individual, Family, and Community Resources							
1. Identify goals/values and wants/needs	1.2, 1.6, 3.8, 4.5	SS6	1.1.5, 1.1.6, 1.3.1, 2.1.2, 2.5.1			A1, A3	
2. Identify available resources (i.e., personal, community)	1.2, 1.4, 1.7, 1.10	CA5	1.1.6, 1.3.4, 2.4, 2.5.1	B13, D6, D8, D15	1, 3, 5	A1	
3. Assess abilities and aptitudes	1.10, 3.2, 3.3, 3.6		1.1.6, 1.2.1		1, 5	A1	
4. Identify career clusters and careers related to Family/Consumer Resource Management	1.4, 1.10, 4.8	CA3	3.1		3, 5	A2, B2	
5. Explore careers related to personal goals	1.4, 1.10, 4.8	CA	1.1.3, 1.1.4, 1.1.5, 1.1.6	D16, E5, F5	3, 5	A1, A2, A3, B2	
C. Developing Employment Skills							
1. Develop employment skills (i.e., resume development, interview skills, dress, etiquette, application process)	1.4, 1.10, 2.6, 4.8		1.2.2	D3, D4, D12	1, 2, 3, 5	A3, B2, C1, D1, D2, D3, D4, D5, D6, E1, E2, E3, F4, E5, E6	
2. Demonstrate effective communication techniques	2.6	CA6	1.2.3, 1.2.4	D3, D4, D12	1, 2, 3, 5	C2, D1, D2, D3, D4, D5, D6, E1, E2, E3, E4, E5, E6, G1, G2	
3. Examine the traits and skills of an effective employee (i.e., teamwork, leadership, conflict resolution)	1.10, 4.8		1.2.2, 1.2.4, 1.2.5, 1.2.6, 1.2.7, 1.2.8	B6, B9, B12, D3, D4, D5, D6, D9, D10, D11, D12, D13, E3, E4, E6, F2, F4, F7, F8, I1, I2, I3, I4, I5	1, 2, 3, 5	A2, F1, F2, F3, F4, F5, F6, G1, G2	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
D. Analyzing the Role of the Consumer							
1. Examine the role of the economy on the consumer	1.1, 1.2, 1.3, 1.10, 2.7	CA3, SS4	2.5	A1, A4, B7, B8, G4	1, 2, 3, 5		
2. Examine the impact of taxes on society (i.e., social, state, national, local and social security)	1.2, 1.4, 1.6, 2.7, 3.1, 3.2, 3.6	CA3	2.5.3	C5, F4	1, 3, 5		
3. Research taxation processes	1.2, 1.4, 1.5, 1.6, 2.7	CA3, MA1	2.5.3		1, 3, 5		
4. Identify consumer rights and responsibilities	1.2, 1.4, 2.7, 3.1, 4.2, 4.3	CA3, SC8, SS4	2.3, 2.5		1, 2, 3, 5		
5. Examine laws affecting consumers	1.1, 1.4, 1.10, 3.6, 4.2, 4.3	CA3, CA5	2.3, 2.5	A5, D5, H1	1, 2, 3, 5		
6. Demonstrate consumer advocacy practices	1.2, 1.4, 1.7, 2.7, 3.4, 4.3	CA6, SC8	1.3.5, 2.3	A6, B9, D3	1, 2, 3, 5	G1	
7. Evaluate resources for reliability	1.2, 1.4, 1.8, 3.5, 4.1	CA3, CA5, SC8	2.3.3, 2.4	E5	1, 3, 5		
8. Examine the relationship between the consumer and the environment	4.1, 4.3, 4.7	CA3, CA5, CA7, SC8, SS4	2.4, 2.5.1	E5	1, 2, 3, 5	G1	
9. Analyze advertising techniques	1.1, 1.2, 1.4, 1.9, 2.7, 4.7	CA5	2.0, 2.2, 2.3.1, 2.3.2, 2.4.3, 2.5.3		1, 3, 5		
E. Planning for Financial Security							
1. Investigate financial planning strategies (i.e., savings, investments, wills, trusts, estate planning, retirement planning)	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8	SS4	2.5.4, 2.6.1	A4	1, 3, 5	A3	
2. Investigate services of financial institutions	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 3.6, 3.7, 3.8		2.5.3, 2.5.4		1, 3, 5		
3. Demonstrate account management	1.8	MA1	2.6.2, 2.6.4	D1	1, 3, 5	A3	
4. Compare various aspects of consumer credit (i.e. credit cards, loans, charge accounts)	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 3.5, 3.6, 3.7, 3.8		2.5.1, 2.5.3, 2.6.1, 2.6.2, 2.6.4		1, 3, 5	A3	
5. Analyze different forms of insurance	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 3.5, 3.6, 3.7, 3.8		2.6.3, 2.6.4		1, 3, 5	A3	
F. Demonstrating Management of Individual and Family Resources							
1. Apply skills to manage personal life, family, school, and employment (e.g., time management, decision making)	1.2, 1.7, 3.3		1.0, 1.1, 2.1	D3, D4, D6, D9, D14, E5, H6	1, 2, 3, 5	A3, G1, G2	
2. Construct a budget	1.8, 3.8	MA1	2.5.1, 2.5.4, 2.6.1, 2.6.2	D1, E5, I6	1, 3, 5	A3	
3. Apply consumer purchasing skills to goods and services	1.1, 1.4, 1.7, 1.8, 1.10, 3.8, 4.1, 4.7	MA1, MA2, HP3, SS4	2.1	E2, E5, H5	1, 2, 3, 5	A3, G1	
4. Maintain records (housing health, transportation, financial, etc.)	1.4	HP3	2.6.4	D9, E5	1, 3, 5	A3	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Housing, Home Furnishings and Equipment							
<i>Course Rationale: To improve the quality of life for Missouri citizens, performance competencies in the Housing, Home Furnishings and Equipment course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning related to living environments; b) communicate effectively with family members and providers of environmentally related products and services; c) solve problems related to the physical, psychological and sociological influences that impact families in various living environments; and d) make the complex, responsible decisions necessary to create desirable living environments.</i>							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address housing, home furnishings and equipment	1.1, 1.2, 1.4, 1.5, 1.7, 1.8, 1.9, 2.1, 2.2, 2.3, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.8, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA4, CA5, CA6; FA1, FA2; MA4; SC8	1.0, 2.0, 3.0, 11.0, 13.0	B13	3		0.0.4
2. Utilize leadership qualities and skills for problem solving	1.1, 1.2, 1.3, 1.5, 1.8, 1.10, 2.1, 2.2, 2.3, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.6, 3.7, 3.8, 4.1, 4.3, 4.4, 4.5, 4.6, 4.8	CA1, CA3, CA6; SC8; SS6	1.0, 3.0, 12.0, 13.0	D5	2, 3		0.0.2
B. Choosing a Living Environment							
1. Analyze needs, values and goals	1.8		11.6.1		3		2.0.1
2. Relate family lifestyles to housing expectations	1.6, 1.8	SS6	11.6.2, 11.6.4		2, 3		2.0.3, 2.0.4
3. Relate the life cycle to housing needs	1.6, 1.8	SS6	11.6.2, 11.6.4		3		2.0.4
4. Describe the components of the macro-environment to include quality of life, demographics, community, neighborhood, air and transportation	1.8	SC4; SS5, SS6	2.2.1, 2.2.2, 2.2.3, 2.2.4		3, 4		2.0.3
5. Recognize the types of housing	1.8	SC4; SS5, SS6	11.5.3		3		2.0.4
6. Relate the needs of special populations to housing	1.2, 1.10, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8	SS5, SS6	11.6.1, 11.6.2, 11.6.3, 11.6.4	G6	3		2.0.3, 6.0.4
7. Identify social and environmental factors affecting housing costs and choices	1.2, 1.6, 1.9, 3.8	SS4, SS5	11.5.2		3		
8. Examine historical and social influences on architectural styles	1.1, 1.2, 1.4, 1.6, 1.9	FA5; SS2, SS5, SS6	11.5.3, 11.5.4		3		
C. Securing a Living Environment							
1. Investigate procedures and financial responsibilities for obtaining housing	1.1, 1.2, 1.5, 4.3	SS4	2.3.1, 2.3.2, 2.3.3, 2.6.4		3		2.0.4
2. Investigate legal responsibilities	1.1, 1.2, 1.5, 1.7, 4.2	SS3	2.3.1, 2.6.4, 11.8.1		3		2.0.4
3. Compare renting to buying	1.1, 1.2, 1.3, 1.4, 1.8		2.1.5, 2.6.4		3		2.0.2, 2.0.4
4. Identify factors related to moving	1.2	SS5	2.3.3, 2.6.4		3		2.0.4
D. Creating a Living Environment							
1. Apply elements and principles of design	1.9	FA2	11.2.1, 11.4.4		3		
2. Evaluate floor plans for individual and family needs	1.2, 1.5, 3.2, 3.3, 3.6, 3.7, 3.8		11.2.2, 11.2.3, 11.4.2, 11.6.1		1, 3		2.0.3
3. Explore materials and finishes	1.2, 1.3, 1.4, 1.6		11.3.1, 11.3.2, 16.2.2, 16.2.4		3		
4. Identify factors influencing selection of appliances	1.4, 1.8, 1.10, 3.8		11.3.1, 11.3.4	E2	3		2.0.5
5. Explore types and uses of lighting	1.2, 1.3, 1.4		11.2.3, 11.3.1		3		
6. Identify furniture styles	1.2, 1.3, 1.4		11.5.1, 11.5.3, 11.5.5		3		
7. Investigate selection of furniture and accessories	1.1, 1.2, 1.3, 1.4, 1.7, 1.10	MA2	11.3.3, 11.3.4		3		
8. Relate furnishings to budget	1.2, 3.8	MA1	11.3.3, 11.3.4, 11.6.2		3		
E. Maintaining the Living Environment							
1. Identify factors related to home safety and security	1.1, 1.2, 1.3, 1.6, 4.7	HP6	11.6.1		3		2.0.3
2. Determine maintenance, care and repair factors	1.1, 1.2, 1.4, 1.7		11.3.2, 16.2.2, 16.2.4		3		2.0.5
F. Influencing Change in Environments							
1. Develop skills to affect public policy related to housing, home furnishings and equipment	1.2, 1.4, 1.7, 1.8, 1.10, 4.1, 4.5, 4.6	CA4, CA6; SS3	2.3.1	D12	2, 4		6.0.8
2. Analyze the impact of technology on individual and family lifestyles as related to housing, home furnishings and equipment	1.2, 1.3, 1.4, 1.8	HP6; SC8	2.4.3, 11.5.5, 11.6.2	E2	3, 5		
3. Utilize technology and other resources to influence change in living environments	1.4, 1.10, 2.7	CA4, CA6; SC4, SC8; SS2	2.4.3, 11.4.6, 11.5.5, 11.6.3	A3	3, 5		
G. Researching Key Careers							
1. Identify career clusters and careers related to housing, home furnishings and equipment	1.4, 1.5, 1.7, 4.8	CA3, CA5, CA6; SS6	11.1.1		3	A2	
2. Assess personal characteristics and professional requirements for occupations related to housing, home furnishings and equipment	1.1, 1.2, 1.3, 1.4, 1.10		11.1.3	D16	3	A1	3.0.5
3. Investigate working conditions and income of specific careers	1.1, 1.2, 1.8, 4.8	CA1, CA4; MA1	11.1.4	F4	3	A2, B2	
4. Use effective communication techniques for multiple workplace situations	2.2, 2.6	CA1, CA6	11.1.1	D3, D4	2, 3	G1	
5. Examine ethical and professional issues and responsibilities	1.2, 1.10, 4.4	CA6; HP6; SS6	11.1.1, 11.8.4, 13.6.4		3	A2, F6	
6. Evaluate entrepreneurial options related to housing, home furnishings and equipment	1.2, 1.5, 4.8	CA3	11.1.2, 11.1.4, 11.8.1	B14, F5	1, 3	A2, B2	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
Career Development/Entrepreneurship							
<i>Course Rationale: To assist Missouri citizens in acquiring career development/preparation and entrepreneurial skills, performance competencies in the Career Development/Entrepreneurship course taught in Family and Consumer Sciences Education programs enable students to: a) construct meaning related to career development/preparation and entrepreneurship; b) communicate effectively with employers and others related to work, career development/preparation and entrepreneurial information and skills; c) solve problems related to the development of entrepreneurship skills; and d) make responsible decisions that impact career development and the establishment of entrepreneurial ventures.</i>							
A. Assuming Leadership Roles as Responsible Family Members and Citizens							
1. Utilize FCCLA program(s) to address family/consumer resource issues	1.2, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.1, 2.2, 2.3, 2.5, 2.7, 3.2, 3.6, 3.7, 4.1, 4.3, 4.4, 4.5, 4.6, 4.7, 4.8	CA1, CA3, CA4, CA5, CA6, MA1, MA3, SS1, SS3, SS4, SS6, SS7	1.1.1, 1.1.3, 1.1.4, 1.2.1, 1.2.2, 1.2.3, 1.2.4, 1.2.5, 1.2.6	A1, A4, A5, B14, D10, D11, D12, D15, G2, I2, I4, I5	1, 2, 3, 5	A3, G1, G2	
2. Utilize leadership qualities and skills for problem solving	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7		1.2.4, 1.2.6, 1.2.8, 13.5	D10, D11	2	A3, F1, Fe, F4, G1, G2	
B. Exploring Careers							
1. Identify career clusters and careers related to the career pathways in Human Services	4.8		7.1, 1.1.4	B11, B14, B16	3	A2, B1	
2. Assess personal characteristics and professional requirements for occupations in Human Services	1.7, 1.10		7.3.4, 13.2, 13.3	I4, I5, E3	3	A1, A3	
3. Investigate education/training, working conditions and income of specific careers	1.1		1.1.6, 1.2.1, 5.1.2, 5.1.3	D16, E2, E3, H7	3, 5	A2	
4. Use effective communication techniques for multiple workplace situations	2.6	CA1, CA4, CA6	1.2.3, 7.5.7, 13.3	D3, D4, D5, D12	3	G1, G2	
5. Examine ethical and professional issues and responsibilities	3.2, 4.4		1.2.8, 7.2.2, 13.3.5	B12, H9, I1, I2	3, 5	F1, F2, F3, F4, F5, F6	
6. Evaluate entrepreneurial options related to Human Services	1.10, 4.8		1.1.5, 1.2.1, 7.1.2	A1, A2	3	B1, B2	
C. Exploring Entrepreneurship							
1. Describe typical characteristics of an entrepreneurship	1.1, 1.4		7.1.2	B3	3	A2	
2. Analyze characteristics of an entrepreneur	1.1		7.3.4		2	A1, A2	
3. Examine ethical issues affecting entrepreneurship	4.4		13.6.5	D4, D5, D6, D10	2	F6	
4. Analyze character traits associated with entrepreneurship	1.10, 4.4		13.2.5	I2, I4	2	F1, F2, F3, F4, F5, F6, G1, G2	
5. Examine risks of entrepreneurship		SC7	1.1.1, 1.1.2	B14, B16	1, 3		
6. Demonstrate creativity		FA4	13.5.1	E5, E6	3, 5		
7. Assess the impact of society on entrepreneurship	4.2, 4.3		1.1.2, 2.2, 2.5	A6, B10, F8, G3	2	A2, B1, B2	
8. Generate innovative ideas	1.2, 1.6	SC7	7.1.2	E5	3, 5		
9. Compare and contrast advantages and disadvantages of being an entrepreneur	2.3, 3.6, 3.7, 3.8	SC7	7.1.2	B11, B14, B16	3	A1, A2, A3	
D. Assessing Entrepreneurship Traits							
1. Utilize self-assessment tools to determine entrepreneurial traits (i.e., Career Compass, Choices, ASVAB,	3.5	SS7	7.3.4	E4, E5	2, 3	A1, A3	
2. Relate skills and personality to entrepreneurship interests and roles	1.1, 1.2	SS6	7.3.4	D4, D5, D6, D10, D14	2, 3	A1, A3	
3. Analyze desirable employee/employer traits	2	CA4, CA6	7.3.2	B6, I1, I2, I3, I4, I5	2, 3	A1, E1, F1, F2, F3, F4, F5, F6	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
4. Investigate interpersonal workplace skills	4.4, 4.5, 4.6, 4.7		1.2, 7.3, 7.5	D4, D5, D6, D10, D11, D13	2, 3, 4	G1, G2	
5. Distinguish transferable skills	1.10, 4.8		1.2	D14	2, 3, 5	A1, A3, E1, F1, F2, F3, F4, F5, F6, G1, G2	
E. Researching Entrepreneurial Opportunities and Requirements							
1. Utilize technology and other resources to research entrepreneurial opportunities	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.7, 4.8	CA3, CA5, CA6, MA3, SS4	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.6, 1.2.5, 1.3.4, 1.3.5	A4, B13, D8, D15, E1, E5	3, 4, 5	A2, B1, B2	
2. Investigate entrepreneurial options	1.10, 4.8		7.1.2	B11, B14, B16	3	A1, A2, A3, B1, B2	
3. Evaluate entrepreneurship opportunities	1.10, 4.8		7.1.2	B11, B14, B16	3	A1, A2, A3, B1, B2	
4. Select an entrepreneurship venture	1.10, 3.0	SC7	7.1.2	B11, B14, B16	3, 4	A1, A2, A3, B1, B2	
5. Examine aspects and implications of social entrepreneurship	1.1, 1.2, 1.4, 1.5, 1.6, 1.7, 1.9, 1.10, 3.1, 3.5, 3.6, 3.7, 3.8, 4.1, 4.3	CA3, CA6, SS3, SS4, SS7	1.1.1, 1.1.2, 1.3.1, 1.3.4, 1.3.5	B13, B15, G2, G3	3	A2, B1	
F. Initiating the Business							
1. Examine investigative/research procedures necessary to initiate an entrepreneurial business	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 1.8, 1.10, 2.7, 4.8	CA3, CA5, CA6, MA3, SS4	1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.1.6, 1.2.3, 1.3.4,	A4, B13, D8, D15, E5	3, 4, 5	A2, B1, B2	
2. Identify entrepreneurial resource agencies (i.e., Students in Free Enterprise-SIFE, Innovations Center, Kauffman Foundation, Chamber of Commerce, World Wide Web Sites, economic development offices)		SS6	7.2	B13, F6	1, 3	B1, B2	
3. Investigate pathways of regulatory systems (i.e., local, regional, state, and federal government agencies and guidelines)		SS3	7.2, 7.3.1, 7.4.4, 7.4.6	A2, F3	1, 4, 3	B1, B2	
4. Classify various forms of business	1.7, 1.8, 1.10	SS4	1.1.4, 1.2.1	A2, B11, B14	3, 4	A2, B2	
5. Research legal issues	1.2, 1.7	SS3	7.2.2	A2, F2, H1	3	F6	

MISSOURI COMPETENCY	Show-Me Goals	Show-Me Content Standards	National Standards	AAOI Objectives	SCANS Comp.	Employment Comp	Ohio Comp
G. Developing a Business Plan							
1. Develop a business description	1.8, 2.1	CA4	2.1.1	B1	3	B1, B2	
2. Describe business facility and location	1.8	CA4	1.2.7	H7	3	B2	
3. Develop an organizational chart	1.8	CA4, SS4	1.2.6, 2.1.1, 13.1.1	B2, B4, B5, D11	2, 3, 4	A3	
4. Develop funding/financial resources	2.1	MA1	1.3.4	C1, D1, G3	1, 3, 4	A3, B1, B2	
5. Generate a budget	1.8, 2.1	MA1, SS4	2.1.1	C1, C4, C6, D1	1, 3	A3, B1, B2	
6. Create forms/records	1.8, 2.1	CA4			3, 4, 5	A3, B1, B2, F6	
7. Design a personnel management plan	1.8	CA4	1.2.2, 1.2.6, 1.2.7, 1.2.8, 2.1.1, 13.1.1, 13.4.5	D11, F1, F2, I3, I4	1, 2, 3, 4	A3, B1, B2, F6	
8. Apply laws, regulations and codes		SS3, SS4	1.1.1, 2.3.1, 2.5.3	A5, A6, F3, G6, H1, H9	2, 3, 4	A3, B1, F6	
9. Select supply and equipment needs			1.2.5	E1, E2	1, 3, 4, 5	A3, B1, B2	
10. Formulate an advertising and customer recruitment plan	1.8	CA4			1, 2, 3, 4, 5	A3, B1, B2	
11. Develop a list of resources	2.1	CA3, CA4	2.1.1, 13.4.6	B13	1, 3, 4	B1, B2	
H. Implementing Entrepreneurial Skills							
1. Develop a resume	1.8, 2.1, 2.6, 2.7	CA1, CA4			3, 5	C1, C2, D1, D2, D3, D4, D5, D6	
2. Refine verbal and nonverbal communication skills	1.5, 2.1, 2.2, 2.6	CA4	1.2.3, 13.3.2, 13.3.3, 13.3.4	B5, D3, D4, D12	2, 3	G1, G2	
3. Formulate organizational skills	4.5, 4.6		2.1.1, 13.5.5	B5	1, 2, 3, 4	F2, F4	
4. Utilize time management skills	4.5	HP2	2.1.1, 13.1.6	D6, D9	1, 3, 4	F1, F2, F4	
5. Prioritize tasks to be accomplished			2.1.1, 13.1.6		1, 2, 3	F4	
6. Demonstrate problem-solving skills	2.3, 3.1, 3.2, 3.3, 3.4, 4.1		2.1.1, 13.1.6, 13.4.1, 13.4.2, 13.4.3, 13.4.4, 13.6.3	D5, D13, E5	1, 2, 3, 4, 5		
7. Model appropriate dress			1.2.3	I5	1, 2, 4	E1, F5	
8. Demonstrate presentation skills	1.5, 1.8, 2.1, 2.2, 2.6	CA1, CA5, CA6	1.2.3	D3, D12	1, 3, 4, 5	G1	
9. Apply interpersonal skills	2.6		1.2.3, 1.2.6, 1.2.8, 13.1.1, 13.2.1, 13.2.5, 13.6.1		1, 2, 3	G1, G2	
10. Develop teamwork strategies	2.3, 2.6, 4.6		1.2.3, 1.2.4, 1.2.6, 2.1.1, 13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.6, 13.5.7	D10, D11	1, 2, 3	G1, G2	
11. Demonstrate salesmanship and marketing skills	1.8, 2.1, 2.6	CA1, CA4, CA5, CA6	1.2.3	D5, G5	1, 2, 3, 4, 5	E1, G1	
12. Model integrity	2.6, 4.4		1.2.3, 1.2.8, 13.1.6, 13.2.5, 13.3.5, 13.6.4, 13.6.5	I1, I2, I4	2	F1, F2, F3, F4	
13. Describe the importance of ongoing training, professional development and continuing education	4.8		1.1.1, 1.1.5	B6, B15, D16, E3	1, 2, 3		
14. Demonstrate business etiquette	2.6, 4.3		1.2.3	I4, I5	2, 4	E1, F1, F2, F3, F5, F6	
15. Establish customer/client relations	2.3, 2.6, 3.2, 3.3		1.2.3, 1.2.8	B9, G5	1, 2, 4	G1, G2	
I. Conducting Follow-Up							
1. Evaluate the project	1.10, 2.2, 3.1, 3.6, 3.7, 3.8	MA3	1.1.6, 2.1.1	I2	1, 2, 3, 4, 5	A1, A3, B1	
2. Analyze results for future decision making	1.10, 3.1, 3.7, 3.8		1.1.6, 2.1.1, 13.1.1		1, 2, 3	A3	
3. Conduct follow-up recognition (e.g., thank you letters, certificates, phone calls)		CA4	1.2.3, 1.2.8, 2.1.1		1, 2	G1	